

# 2009 HEALTH EVENTS CALENDAR

## UN International Year of Astronomy

Month	Event	Website	Month	Event	Website
JAN	1 Quit Smoking	<a href="http://www.quittas.org.au">www.quittas.org.au</a>	JULY	Month of julEYE	<a href="http://www.juleye.com.au">www.juleye.com.au</a>
	25-31 New Years Resolution			5-12 NAIDOC Week	<a href="http://www.naidoc.org.au">www.naidoc.org.au</a>
	25-31 Healthy Weight Week	<a href="http://www.healthyweightweek.com.au">www.healthyweightweek.com.au</a>		12-18 National Diabetes Awareness Week	<a href="http://www.diabetestas.com.au">www.diabetestas.com.au</a>
FEBRUARY	Month of Ovarian Cancer Awareness Month	<a href="http://www.ovariancancer.net.au">www.ovariancancer.net.au</a>		11 World Population Day	<a href="http://www.unfpa.org">www.unfpa.org</a>
	2-8 Salt Awareness Week	<a href="http://www.awash.org.au">www.awash.org.au</a>		20-27 National Farm safe Week	<a href="http://www.farmsafe.org.au">www.farmsafe.org.au</a>
	2-8 National Naturopathy Awareness	<a href="http://www.endeavour.edu.au">www.endeavour.edu.au</a>		22 FragileX Awareness Day	<a href="http://www.fragilex.org.au">www.fragilex.org.au</a>
	4 World Cancer Day	<a href="http://www.cancertas.org.au">www.cancertas.org.au</a>		26-1 Aug Pituitary Awareness Week	<a href="http://www.pituitary.asn.au">www.pituitary.asn.au</a>
	24 Pancake Day (Shrove Tuesday)	<a href="http://www.pancakeday.com.au">www.pancakeday.com.au</a>			
	14 National Condom Day	<a href="http://www.fpt.asn.au">www.fpt.asn.au</a>			
	20 World Day of Social Justice	<a href="http://www.un.org">www.un.org</a>			
	14-21 Sexual Health Awareness Week	<a href="http://www.shinesa.org.au">www.shinesa.org.au</a>			
	21-28 Organ Donor Awareness Week	<a href="http://www.kidney.org.au">www.kidney.org.au</a>			
	27 National Sunnies for Sight Day	<a href="http://www.sunniesforsight.org">www.sunniesforsight.org</a>			
28-1 Relay for Life – Hobart & Eastern	<a href="http://www.cancertas.org.au">www.cancertas.org.au</a>				
MARCH	Month of Lymphoedema Awareness Month	<a href="http://www.lymphoedema.org.au/">www.lymphoedema.org.au/</a>	AUGUST	Month of Dental Awareness Month	<a href="http://www.ada.org.au">www.ada.org.au</a>
	1 Clean Up Australia Day	<a href="http://www.cleanup.com.au">www.cleanup.com.au</a>		1-7 World Breastfeeding Week	<a href="http://www.breastfeeding.asn.au">www.breastfeeding.asn.au</a>
	7-15 State Bike Week	<a href="http://www.getmoving.tas.gov.au">www.getmoving.tas.gov.au</a>		1-7 Infant Massage Awareness Week	<a href="http://www.infantmassage.org.au">www.infantmassage.org.au</a>
	8 International Women's Day	<a href="http://www.women.tas.gov.au">www.women.tas.gov.au</a>		2 National Tree Day	<a href="http://www.planetark.com.au/trees">www.planetark.com.au/trees</a>
	9-13 Orthoptic Awareness Week	<a href="http://www.orthoptics.org.au">www.orthoptics.org.au</a>		2-8 Continenence Awareness Week	<a href="http://www.continenence.org.au">www.continenence.org.au</a>
	12 World Kidney Day	<a href="http://www.kidney.org.au">www.kidney.org.au</a>		7 Jeans for Genes Day	<a href="http://www.jeans4genes.com.au">www.jeans4genes.com.au</a>
	12 World Glaucoma Day	<a href="http://www.glaucoma.org.au">www.glaucoma.org.au</a>		3-9 National Healthy Bones Week	<a href="http://www.healthybones.com.au">www.healthybones.com.au</a>
	13-20 Coeliac Awareness Week	<a href="http://www.coeliacsociety.com.au">www.coeliacsociety.com.au</a>		9 International Day of the World's Indigenous People	<a href="http://www.un.org">www.un.org</a>
	14-15 Relay for Life – Launceston	<a href="http://www.cancertas.org.au">www.cancertas.org.au</a>		12 International Youth Day	<a href="http://www.un.org">www.un.org</a>
	16-22 Brain Awareness Week	<a href="http://www.brainaustralia.org.au">www.brainaustralia.org.au</a>		16-22 National Glaucoma Week	<a href="http://www.glaucoma.org.au">www.glaucoma.org.au</a>
	17 World Hypertension Day	<a href="http://www.worldhypertensionleague.org">www.worldhypertensionleague.org</a>		23-29 Hearing Awareness Week	<a href="http://www.hearingawarenessweek.org.au">www.hearingawarenessweek.org.au</a>
	17 World Social Work day	<a href="http://www.aswn.asn.au">www.aswn.asn.au</a>		23-29 Speech Pathology Awareness Week	<a href="http://www.speechpathologyaustralia.org.au">www.speechpathologyaustralia.org.au</a>
	21 Harmony Day	<a href="http://www.harmony.gov.au">www.harmony.gov.au</a>	28 Daffodil Day	<a href="http://www.daffodilday.com.au">www.daffodilday.com.au</a>	
	21-22 Relay for Life – Penguin	<a href="http://www.cancertas.org.au">www.cancertas.org.au</a>			
	22 World Day for Water	<a href="http://www.unwater.org/worldwaterday">www.unwater.org/worldwaterday</a>			
	27 National Youth Tobacco Free Day	<a href="http://www.quittas.org.au">www.quittas.org.au</a>			
	APRIL	Month of Autism Awareness Month	<a href="http://www.autismawareness.com.au">www.autismawareness.com.au</a>	SEPTEMBER	Month of Prostate Cancer Awareness Month
Mar 28-5 National Youth Week		<a href="http://www.youthweek.com">www.youthweek.com</a>	Spina Bifida Awareness Month		<a href="http://www.asbha.org.au">www.asbha.org.au</a>
Mar 30-5 Wound Awareness Week		<a href="http://www.awma.com.au">www.awma.com.au</a>	1-8 Adult Learners Week		<a href="http://www.adultlearnersweek.org">www.adultlearnersweek.org</a>
Mar 29-4 Arthritis Awareness Week		<a href="http://www.arthritisaustralia.com.au">www.arthritisaustralia.com.au</a>	1-8 National Asthma Week		<a href="http://www.asthmaaustralia.org.au">www.asthmaaustralia.org.au</a>
7 World Health Day		<a href="http://www.who.int">www.who.int</a>	6-12 Child Protection Week		<a href="http://www.napcan.org.au">www.napcan.org.au</a>
11 World Parkinson's Day		<a href="http://www.parkinsons.org.au">www.parkinsons.org.au</a>	7-13 Eczema Awareness Week		<a href="http://www.eczema.org.au">www.eczema.org.au</a>
17 World Haemophilia Day		<a href="http://www.haemophilia.org.au">www.haemophilia.org.au</a>	7-13 National Blood Donor Week		<a href="http://www.donateblood.com.au">www.donateblood.com.au</a>
21 International Creativity & Innovation Day	<a href="http://www.creativityday.com">www.creativityday.com</a>	8 International Literacy Day	<a href="http://www.un.org/depts/dhl/literacy/">www.un.org/depts/dhl/literacy/</a>		
27-3 May World Homeopathy Week	<a href="http://www.homeopathyoz.org">www.homeopathyoz.org</a>	10 National Gynaecological Awareness	<a href="http://www.gain.org.au">www.gain.org.au</a>		
		10 Suicide Prevention Day	<a href="http://www.lifeline.org.au">www.lifeline.org.au</a>		
		15 Worldwide Lymphoma Day	<a href="http://www.lymphomacoalition.org">www.lymphomacoalition.org</a>		
		14-21 National Herbal Medicine Week	<a href="http://www.nhaa.org.au">www.nhaa.org.au</a>		
		14-21 National Stroke Week	<a href="http://www.strokefoundation.com.au">www.strokefoundation.com.au</a>		
		14-21 National Alzheimers Week	<a href="http://www.alzheimers.org.au">www.alzheimers.org.au</a>		
		28 World Heart Day	<a href="http://www.heartfoundation.com.au">www.heartfoundation.com.au</a>		
MAY	3-9 Osteopathy Awareness Week	<a href="http://www.osteopathic.com.au">www.osteopathic.com.au</a>	OCTOBER	Month of Anxiety and Depression Awareness	<a href="http://www.beyondblue.org.au">www.beyondblue.org.au</a>
	3-9 Motor Neurone Disease Week	<a href="http://www.mndaust.asn.au">www.mndaust.asn.au</a>		Lupus Awareness	<a href="http://www.lupusnsw.org.au">www.lupusnsw.org.au</a>
	5 International Midwives Day	<a href="http://www.midwives.org.au">www.midwives.org.au</a>		Girls Night In	<a href="http://www.girlsnightin.com.au">www.girlsnightin.com.au</a>
	6 World Asthma Day	<a href="http://www.asthmaaustralia.org.au">www.asthmaaustralia.org.au</a>		Breast Cancer Awareness	<a href="http://www.breastcancer.org.au">www.breastcancer.org.au</a>
	11-17 Neighbourhood Centre Week	<a href="http://www.tach.asn.au">www.tach.asn.au</a>		TBA National Carers Week	<a href="http://www.carersaustralia.com.au">www.carersaustralia.com.au</a>
	4-10 National Heart Week	<a href="http://www.heartfoundation.com.au">www.heartfoundation.com.au</a>		1 International Day of Older Persons	<a href="http://www.un.org">www.un.org</a>
	10 World Lupus Day	<a href="http://www.lupusnsw.org.au">www.lupusnsw.org.au</a>		1-7 Seniors Week	<a href="http://www.dpac.tas.gov.au">www.dpac.tas.gov.au</a>
	10-16 Food Allergy Awareness Week	<a href="http://www.allergyfacts.org.au">www.allergyfacts.org.au</a>		2 National Walk to Work Day	<a href="http://www.walk.com.au">www.walk.com.au</a>
	10-16 National Families Week	<a href="http://www.familiesaustralia.org.au">www.familiesaustralia.org.au</a>		4-11 Amputee Awareness Week	<a href="http://www.limbs4life.com">www.limbs4life.com</a>
	12 International Nurses Day	<a href="http://www.rcna.org.au">www.rcna.org.au</a>		4-11 Sleep Awareness Week	<a href="http://www.sleepoz.org.au">www.sleepoz.org.au</a>
	12 International CFS Awareness Day	<a href="http://www.sacfs.asn.au">www.sacfs.asn.au</a>		10 World Mental Health Day	<a href="http://www.mentalhealth.org.au">www.mentalhealth.org.au</a>
	11-17 National Volunteers Week	<a href="http://www.volunteeringaustralia.org">www.volunteeringaustralia.org</a>		10 World Hospice & Palliative Care Day	<a href="http://www.pallcare.org.au">www.pallcare.org.au</a>
	15 Walk Safely to School Day	<a href="http://www.walk.com.au">www.walk.com.au</a>	10-17 Foot Health Week	<a href="http://www.apodc.com.au">www.apodc.com.au</a>	
	17-24 Schizophrenia Awareness Week	<a href="http://www.mifa.org.au">www.mifa.org.au</a>	12 World Arthritis Day	<a href="http://www.arthritisaustralia.com.au">www.arthritisaustralia.com.au</a>	
	18-22 Responsible Gambling Week	<a href="http://www.dhhs.tas.gov.au/gambling">www.dhhs.tas.gov.au/gambling</a>	11-17 National Nutrition Week	<a href="http://www.nutritionaustralia.org">www.nutritionaustralia.org</a>	
	19-25 National WEE Week	<a href="http://www.kidney.org.au">www.kidney.org.au</a>	11-17 National Haemophilia Awareness	<a href="http://www.haemophilia.org.au">www.haemophilia.org.au</a>	
	19-24 Hepatitis Awareness Week	<a href="http://www.hepatitisaustralia.com">www.hepatitisaustralia.com</a>	10-17 National Week for Deaf People	<a href="http://www.deafau.org.au">www.deafau.org.au</a>	
	24-30 National Palliative Care Week	<a href="http://www.palliativecare.org.au">www.palliativecare.org.au</a>	16 World Food Day	<a href="http://www.un.org">www.un.org</a>	
	24-30 Kidney Health Week	<a href="http://www.kidney.org.au">www.kidney.org.au</a>	17 International Day for the Eradication of Poverty	<a href="http://www.un.org">www.un.org</a>	
	24-30 Macular Degeneration Awareness	<a href="http://www.mdfoundation.com.au">www.mdfoundation.com.au</a>	18-26 Children's Week	<a href="http://www.childrensweek.com.au">www.childrensweek.com.au</a>	
28 Australia's Biggest Morning Tea	<a href="http://www.biggestmorningtea.com.au">www.biggestmorningtea.com.au</a>	14 Ride to Work Day	<a href="http://www.getmoving.tas.gov.au">www.getmoving.tas.gov.au</a>		
31 World No Tobacco Day	<a href="http://www.quittas.org.au">www.quittas.org.au</a>	21 World Osteoporosis Day	<a href="http://www.osteoporosis.org.au">www.osteoporosis.org.au</a>		
JUNE	1-7 MS (Multiple Sclerosis) Awareness Week	<a href="http://www.msaaustralia.org.au">www.msaaustralia.org.au</a>	NOVEMBER	Month of Lung Cancer Awareness Month	<a href="http://www.lungnet.com.au">www.lungnet.com.au</a>
	5 World Environment Day	<a href="http://www.un.org.au">www.un.org.au</a>		Muscular Dystrophy Awareness	<a href="http://www.mda.org.au">www.mda.org.au</a>
	10 Red Apple Day	<a href="http://www.bowelcanceraustralia.org">www.bowelcanceraustralia.org</a>		Get Walking Tasmania	<a href="http://www.getmoving.tas.gov.au">www.getmoving.tas.gov.au</a>
	12 Go Red for Women	<a href="http://www.goredforwomen.com.au">www.goredforwomen.com.au</a>		8 Australian Lung Cancer Day	<a href="http://www.lungnet.com.au">www.lungnet.com.au</a>
	7-13 Bowel Cancer Awareness Week	<a href="http://www.bowelcanceraustralia.com">www.bowelcanceraustralia.com</a>		8-14 Rural Health Week	<a href="http://www.rhwta.com.au">www.rhwta.com.au</a>
	14 World Blood Donor Day	<a href="http://www.donateblood.com.au">www.donateblood.com.au</a>		8-14 Community Health Nursing Week	<a href="http://www.anf.org.au">www.anf.org.au</a>
	15-21 International Men's Health Week	<a href="http://www.menshealthweek.com.au">www.menshealthweek.com.au</a>		11-17 National Psychology Week	<a href="http://www.psychology.org.au">www.psychology.org.au</a>
	16-22 National Crohn's & Colitis Awareness	<a href="http://www.acca.net.au">www.acca.net.au</a>		12-18 Spinal Injuries Awareness Week	<a href="http://www.spinal.com.au">www.spinal.com.au</a>
	20 World Refugee Day	<a href="http://www.refugeecouncil.org.au">www.refugeecouncil.org.au</a>		14 World Diabetes Day	<a href="http://www.worlddiabetesday.org">www.worlddiabetesday.org</a>
	21-27 Drug Action Week	<a href="http://www.drugactionweek.org.au">www.drugactionweek.org.au</a>		16 International Day for Tolerance	<a href="http://www.un.org">www.un.org</a>
26 International Day against Drug Abuse and Illicit Trafficking	<a href="http://www.un.org">www.un.org</a>	15 United Nations World Day of Remembrance of Road Traffic Victims		<a href="http://www.who.int/roadsafety/en/">www.who.int/roadsafety/en/</a>	
		16-22 National Skin Cancer Action Week		<a href="http://www.cancer.org.au">www.cancer.org.au</a>	
		20 Universal Children's Day	<a href="http://www.un.org">www.un.org</a>		
		25 International Day for the Elimination of Violence Against Women	<a href="http://www.un.org">www.un.org</a>		
DECEMBER			1 World Aids Day	<a href="http://www.un.org">www.un.org</a>	
			3 Day of Persons with Disabilities	<a href="http://www.un.org">www.un.org</a>	
			5 International Volunteers Day	<a href="http://www.volunteeringaustralia.org">www.volunteeringaustralia.org</a>	
			10 Human Rights Day	<a href="http://www.un.org">www.un.org</a>	
			18 International Migrants Day	<a href="http://www.un.org.au/deps/dhl/events/migrants/">www.un.org.au/deps/dhl/events/migrants/</a>	



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