

## Healthy Tasmania Community Innovations grants successful applicants 2017

Organisation	Priority Area addressed (noting that all had to address community connections)	Region	Comment
Bothwell Wellness Group - Connecting Our Isolated Community Through Physical Activity	Physical Activity	South	Focus on connecting isolated communities through physical activity.
Child Health Association Tas - Tasmanian Bush Food Garden to Plate	Healthy Eating	South	Highly innovative project based at tagari lia Aboriginal Child and Family Centre in Bridgewater using existing demonstration bush food garden and Aboriginal community stories. Focused on children 0-5 and their families.
Clarence City Council - Walkable Futures Clarence	Physical Activity	South	Walkability audit framework developed at Clarence City Council in partnership with Heart Foundation and community participants. Resource to be shared more broadly and shape council expenditure to improve liveability in areas vulnerable to poor health outcomes
Devonport City Council - Square Peg Project	Physical Activity/Healthy Eating	NW	Health and wellbeing project focused on young people at risk of social exclusion.

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Drug Education Network - Tobacco Free Communities - Target: Glamorgan Spring Bay	Tobacco Cessation	North	Innovative approach to supporting quitting, building on evidence for effectiveness in recent trial with pregnant women.
Eat Well Tasmania Inc - Eat Well Tasmania Social Marketing Campaign	Healthy Eating	Statewide	Social marketing campaign to encourage Tasmanians to eat local and seasonally grown fruit and vegetables. Will closely align with the Healthy Tasmania Challenge #Vegitup and #GetFruity weeks.
Geeveston Community Centre - The Cycle of Food	Healthy Eating	South	Focus on low income participants and building on the success of previous programs in the region. Developing partnerships with local producers.
Health Advisory Team Central Highlands - Highlands Food Connect Project	Healthy Eating	South	Aims to improve access and supply of healthy affordable food, and build engagement and skills.  Focus on people on low incomes and older people, especially those living alone and those in isolated areas.
Hobart City Council - Healthy Hobart Goes Dark	Physical Activity	South	Innovative community based health promotion program aimed at increasing physical activity during winter. Aligns health promotion with a successful social festival.
Hobart City Farm Inc - Fresh Connections	Healthy Eating	South	Partnering with local neighbourhood houses to build the existing social enterprise (production farm to local fresh affordable local supply), increase reach and reduce barriers to access.

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Hub4Health - Break O'Day Active 4 Life	Physical Activity	North	Will build on the Active4Life Community Gym established in St Marys in 2016. Will promote new community connections and enhance and expand participation in physical activity through the development of a new Active4Life gym facility in St Helens and by providing improved levels of access to the resources available at programs to the St Marys Active4Life facility.
Jordan River Service Inc - Waterbridge Food Co-Op	Healthy Eating	South	Building capacity of Waterbridge Food Co-op to increase reach and sustainability.
Kingborough Council - Empowering Seniors Program	Physical Activity	South	Focus on regionally isolated and at-risk seniors. Outreach of a successful existing physical activity program.
Launceston City Mission - #Mission2Quit	Tobacco Cessation	North	Focus on staff and volunteers to support their own quit efforts and build capacity to support clients to quit through brief interventions training.
Mountain Bike Australia - Mountain Bike Skills Clinics for Women and Girls	Physical Activity	Statewide	Clinic to introduce activity of mountain biking to women and girls.
Migrant Resource Centre - Developing Community Connections for Migrant and Refugee Families	Physical Activity/Healthy Eating	North	Focus on people from culturally and linguistically diverse backgrounds who are recent arrivals. Aimed at improving knowledge of and access to physical activities and healthy eating for these groups.
Migrant Resource Centre South - MY Swim to Sports	Physical Activity	South	Focused on people from culturally and linguistically diverse backgrounds with low English language levels.

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			Aimed at understanding and overcoming barriers to participation in physical activity through pathways to sporting clubs and infrastructure. Focus on swimming due to recognised importance of skills in this area.
New Horizons Club Inc - All Abilities Sport to go Statewide	Physical Activity	Statewide	Dedicated all-sports club for people with disabilities building on successful program offered in the north to address recognised gap in Southern Tasmania. Working in partnership with a range of sporting clubs.
PARKRUN Inc - Park Run Expansion in Tasmania	Physical Activity	North West	Will establish three new parkrun events in Tasmania. These free, weekly, timed 5km events will be operated by local volunteers in local communities, parkrun. This project encourages physical activity, volunteering and community connectedness.
Starting Point Neighbourhood House - Healthy Shed	Physical Activity/Healthy Eating	North	Designed to activate newly established men and community shed in Ravenwood. Focus on men with a program to support smoking cessation, increased physical activity and healthy eating. Targeting up to 50 men over a 14 week program.
Tasdeaf - Healthy Living for Tasmanians Who are Deaf	Physical Activity/Healthy Eating	Statewide	Healthy Eating and physical activity information presented in Auslan – first language of people who are Deaf.  Will produce a resource tailored to the Deaf community in partnership with content experts through existing partnerships.

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Tasmanian Aboriginal Group - Kipli nayri takariliya rrala (KNTR) Good Food, Strong Families	Healthy Eating	Statewide	Delivering a culturally appropriate short course on nutrition and physical activity through community connections and stories. The focus will be on the Tasmanian Aboriginal community in 7 locations throughout Tasmania with the aim of further reach through trained champions and new resources in palawa kani (Tasmanian Aboriginal language).
Waratah-Wynyard Council - Increasing Healthy Eating and Physical Exercise	Healthy Eating	NW	Targeting disadvantaged school students in the area to improve healthy eating and physical activity. Building on a strong base of successful program delivery.
Warrane Mornington Neighbourhood Centre - Outdoor Kitchen	Healthy Eating	South	Enable opportunities for food education, cooking classes and social connection for those most vulnerable to poor health.
West Moonah Community House - First Choice Food Co-Op and Gardens	Healthy Eating	South	Expand capacity of existing community gardens and run healthy eating skills building program for parents and their children. Focus on low income families in Moonah and Goodwood.
Zeehan Neighbourhood Centre - Food REDi - Healthy Me, Healthy You	Healthy Eating	NW	Building community capacity to afford and produce healthy meals. Weekly sessions over 6 months linking to existing community resources. Also targeted focus on building skills of children.