



9 Oct – 15 Oct
[more information](#)

Mental Health Week 2011 Grant Recipients		
Organisation	Event	Location
MHS North, Richmond Fellowship, Anglicare, and Aspire	MHW Bikeride	North
Exercise and Sports Science Australia	Free exercise sessions with an Accredited Exercise Physiologist	North
Headspace	Schools "Mind and Body" skills-based program.	North
Campbell Town Health and Community Service	Trivia and games evening	North
Break O'Day Health Resource Association and Break O'Day Council	Visual awareness campaign	North
Youth and Family Focus Inc	Brain Bug Bus (Triple B) and Artwork Exhibition	North West
Child and Adolescent Mental Health Service and Youth Community Groups	Youth Expo and activities	North West
The Hobart Clinic	Mind and Body Expo	South
Migrant Resource Centre/Phoenix	Workshop for the CALD community	South
TRED (Tasmania Recover from Eating Disorders) and Mind Matters	Creating the Balance - discussion and physical activity for young women	South
Hobart City Council and Alzheimer's Tas	Quiz	South
Eureka Clubhouse	Mental Health Week Breakfast	South
Aspire	Minds Do Matter Art Exhibition	Statewide