

## Useful Contact Numbers

Mental Health Services Helpline	1800 332 388
Advocacy Tasmania Inc.	1800 005 131
ARAFMI Inc. (Association of Relatives and Friends of the Mentally Ill)	
South	6224 7247
North	6331 4486
Freedom of Information Unit	1300 766 725
Guardianship and Administration Board (Statewide)	6233 3085
Lifeline (Crisis Counselling)	13 11 14
Mental Health Council of Tasmania (Free Call)	1800 808 890
Legal Aid Commission of Tasmania (Free Telephone Advice)	1300 366 611
Mental Health Tribunal	6233 3033
Tasmanian Mental Health Consumer Network	6224 7859
Translating and Interpreting Service (TIS) (Telephone Service Only)	13 14 50
Women's Legal Service (Statewide - Telephone Service Only)	1800 682 468
Alcohol & Other Drug Information Service	1800 811 994
Official Visitors Scheme	1800 808 890

### Our Team Includes

- ◆ Psychiatrists
- ◆ Clinical Psychologists
- ◆ Community Mental Health Nurses
- ◆ Social Workers
- ◆ Occupational Therapists
- ◆ Court Liaison Officers

### Our Contact Details

For more information contact:

**North: (03) 6336 2627**

**South: (03) 6233 4561**

MENTAL HEALTH SERVICES

## Community Forensic Mental Health Service



# Community Forensic Mental Health Service

## What We Do

The Community Forensic Mental Health Service (CFMHS) is a free statewide confidential service for people who have a mental health issue and who are involved with, or at high risk of becoming involved with, the criminal justice system.

Our service offers mental health assessment, liaison, counselling, support, education, advice and referral to other services. We also provide a case management service for eligible clients.

## Services We Provide

### Community Forensic Mental Health Team

The Community Forensic Mental Health Team provides:

- ◆ Mental health assessment
- ◆ Risk assessment
- ◆ Court ordered assessment
- ◆ Medication administration, monitoring and education
- ◆ Therapeutic intervention (e.g. counselling)
- ◆ Consultation, support and education
- ◆ Referral to other services

## Court Liaison Services

Court Liaison Officers provide:

- ◆ assistance for people with mental health problems who have to go to court
- ◆ support for individuals and family members to explain the court process or advise on how to contact a lawyer
- ◆ court ordered psychiatric assessments as requested by magistrates and judges
- ◆ assessments, and recommendations to the Mental Health Diversion List in Hobart

## The Mental Health Diversion List

The Mental Health Diversion List is:

- ◆ a therapeutic alternative to the general magistrate court process
- ◆ a voluntary option for people with a mental illness who have minor charges and who want to participate in treatment and rehabilitation programs to address their mental health and related issues
- ◆ a less formal, but structured process that occurs in the Magistrate's Court in Hobart

## Who is eligible for our services?

Persons aged 18 years and over who have a mental illness and are:

- ◆ on a Forensic Order
- ◆ on magistrate's bail with specific directions to present to CFMHS
- ◆ on probation or parole

- ◆ at high risk of becoming involved with the criminal justice system

## What are Forensic Orders?

The Supreme Court can place a person on a Forensic Order if they are found:

- ◆ unfit to participate in the legal process or
- ◆ not guilty by reasons of insanity

Under the *Criminal Justice (Mental Impairment) Act 1999*, people can be placed on either a:

- ◆ **Restriction Order** - this order requires the person to be detained in a secure mental health unit until the Supreme Court discharges the order. This order is reviewed every 12 months by the Tasmanian Forensic Tribunal.
- ◆ **Supervision Order** - this order allows the person to live in the community under the supervision of the Chief Forensic Psychiatrist with specific conditions that might include taking medication, keeping appointments, attending counselling, being visited at home by case managers and seeing other services. The order may require that the person be taken into protective custody if the conditions are not met. The order is reviewed every 12 months by the Tasmanian Forensic Tribunal.