

Friday  
14th October  
2011



# Keeping Balanced

## Mental Health Week 2011

Interactive Training for CALD community members  
and providers of mental health services.

### Program Overview

- 9:30 - 12:30 Service Provider Training with  
Judy Saba. Including: *Working with  
Diversity in Mental Health & Counsel-  
ling; Effective Case Work & Assessment  
Practice; and the Effective use of  
Translators*
- 12:30 - 1:00 Light Lunch
- 1:00 - 2:00 Transcultural Mental Health  
Network Meeting
- 2:15 - 3:45 Learning Together, Working together:  
A chance for Service Providers and  
Community Members to share  
knowledge and discuss common  
concerns



You are  
welcome for  
*one or all*  
sessions

Guest Presenter;

**Judy Saba**

Cross Cultural Psychologist  
& Churchill Fellowship Recipient

*In 2010 Judy was awarded a Churchill Fellowship to explore diversity training and Human Rights Integration in Police Organizations in the US, Middle East and London. In July 2011 Judy compiled a report on her findings and experience. As Psychologist and Trainer she is committed to the delivery of competent cross cultural psychology and training services and works from the philosophy of shared responsibility and capacity building.*

**Glenorchy Civic Centre, Cooper Street, Glenorchy**  
**9:30 am — 4:00 pm (Registration from 9:15 am)**  
**FREE EVENT (Refreshments included)**

Phoenix Centre,  
Level 1 / 191-193  
Liverpool Street,  
Hobart TAS 7000  
(03) 6234 9138

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