

Welcome to the NW TAS Health Promotion December 2010 email update

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Strengthening and supporting health promotion practice within north-west Tasmania

In this update you'll find –

[Professional development opportunities](#)

[Jobs](#)

[Conference and community events, programs, forums/meetings -Tasmania](#)

[Conferences, Workshops, forums/meetings - Interstate](#)

[Your opinion is valued](#)

[Resources](#)

[Funding](#)



Professional Development opportunities

14 & 15 February 2011 - Effective ways of engaging men, Greg Milan. Health Promotion North West present a one day workshop at **TWO** locations on the North West Coast [venue to be advised] contact Julie or Lee-Anne for further information. Greg lives in NSW, is a National Presenter and key men's health author, advocate and program developer and a trained social worker. One of the key topics covered will be developing effective men friendly programs resources, settings for organisations/services. Registration and details available soon.

PHCRED Symposium 2010 -The program for the Symposium is now available at <http://www.phcred.utas.edu.au/final%20program%202010.pdf>. Registrations have been extended to 6/12/10 so remember to register if you wish to attend. Registrations can be done at <http://www.phcred.utas.edu.au/symposiums.htm>, just click on the 'register' button. See you there!

Jobs



PhD opportunities in Workplace Health, Commencing 2011 -The Menzies Research Institute is offering three Elite University of Tasmania Scholarships to undertake PhD research on creating healthy workplaces. Applicants should have an Honours degree in health, social sciences, or economics. They will undertake research with opportunities to influence the policy and practice of future workplace health promotion. For More Details: visit www.menzies@utas.edu.au/partneringHatVW or contact Professor Alison Venn (03) 6226 7706.

[Back to top](#)

Conferences, Community Events, Programs, Forums/Meetings-Tasmania
Conferences



Community Events

Balance Training - Provides workers with a framework for understanding Borderline Personality Disorder behaviours in young people.

Tuesday 22nd February and Tuesday 1st March-9.30am to 12.30pm at The Tailrace Centre – Tamar Room-
Cost: Free for DCYFS staff

Registration: Please click on this link

<http://intra.dhhs.tas.gov.au/Groups/HumanServices/Corporate%20Support/Workforce%20Professional%20Development/Learning%20%20%20Development%20Application%20Form%20DCYFS.doc>

to the DCYFS Learning and Development Application form and send the completed form through to donna.venn@dhhs.tas.gov.au

International Women's Day is celebrated on 8 March every year, and 2011 will mark the 100th anniversary of International Women's Day! It is a day of international recognition for the economic, political and social achievements of women past, present and future.

Every year, Women Tasmania compiles a Calendar of Events for each region to advertise the events being held across the state. Individuals, community groups and organisations throughout Tasmania are all encouraged to host International Women's Day functions.

If you are planning to hold an event and would like the details included on the Calendar, please fill in the attached form and return to Women Tasmania via email to marie.meakins@dpac.tas.gov.au or mail the form to Women Tasmania North West, PO Box 578, Burnie TAS 7320

The closing date for entries is Monday 21 February 2010. If you are unable to open the attached form you can contact Women Tasmania on 1800 001 377 and a copy will be sent to you. We hope that you will join in the celebration of this milestone and look forward to receiving information about your events.

Community Programs

Produce to the People Tasmania Too many tomatoes/lettuce/zucchini in your garden? **Produce to the People Tasmania** collects excess backyard grown fruit & veggies then shares your bounty with the community. Leave produce at one of 16 produce drop off points along the coast (including most Commonwealth Bank branches), we will collect it and make sure it goes to families in need in your community. Produce is distributed to The Salvation Army in Burnie, Ulverstone and Devonport and Wyndarra in Smithton. For more information on how people can contribute Penny Dodd

☎ 0409 484 152 or 03 6431 4591 🌐 www.producetothepeopletasmania.com.au

Forums/Meetings

3 December 2010 - NW Health Promotion Networking Meeting 2.00 - 3.15pm - Speaker Malcolm Ryan, Tasmanian Life Long learning [TL3]

This is an opportunity to network with organisations across the NW and health promotion practitioners, share current health promotion programs / projects / issues and there is often include a speaker [we are open to suggestions]. RSVP to julie.milnes@dhhs.tas.gov.au ph 6421 7704 and forward your information for minutes using the meeting notes proforma **before** the day.

Meetings are held via videoconference at these locations Smithton District Hospital, King Island Hospital, Latrobe Hospital Studio, Rosebery Community Health Centre, Burnie NWRH Library Tutorial Room, Devonport G60 and Health West Zeehan office. Contact us ASAP for other sites to be linked in.

3 December 2010 - What would it take to eradicate fuel poverty? Australian Health Promotion Association Tasmanian Branch - lunch time forum *Presented by Paul Mallett (Anglicare Jerrim Fellowship recipient) on Friday 3 December 2010 Telehealth Venues (listed below) @ 12:00pm - 1:00pm.* Internationally, "fuel poverty" is defined as the inability to afford sufficient warmth for comfort, health and quality of life. Fuel poverty has significant health, social and financial impacts for individuals, communities and governments. It is likely that that many low income Tasmanians endure fuel poverty in our cold winter months and suffer social isolation as well as negative financial and health consequences as a result. Negative environmental impacts and unnecessary human suffering in Tasmania caused by fuel poverty is due primarily to the combination of low incomes, the cold Tasmanian climate, high and increasing energy prices, and the predominance of poor quality housing ; all of which the most disadvantaged Tasmanians have limited or no control, and limited finances to seek remedy and relief. It is also likely that fuel poverty increases health care costs to government, and governments at all levels now have an interest in decreasing greenhouse gas emissions.

- **DHHS Telehealth Venues-** Hobart Repat, Burnie Parkside, King Island Hospital, St Helens, Launceston John L Grove, and Devonport CHSC.
- Free event no RSVP required, further information contact: Miriam Herzfeld: 0400 480 908 or my_mort@hotmail.com or Julie Milnes: julie.milnes@dhhs.tas.gov.au or 6421 7704

Presentation of Research findings – Rural hospital antenatal Chlamydia screening program-Dr Glen Curran RN, PhD from Tasmanian Sexual Health Service in Devonport will be presenting findings from a research project which examined the benefits and risks associated with antenatal Chlamydia screening programs at rural hospitals.

The presentation will take place on 13 December 2010 at 12.00pm in the Antenatal Waiting Room on Ward 2 at Mersey Community Hospital

If you would like to attend the presentation from offsite, the presentation can also be accessed by video conference – please contact Di McArthur on 6426 5617.

Please find attached a poster with information about the research or for more information about the presentation please contact Glen Curran on 03 64217759.

[Back to top](#)



Conferences, Workshops, Forums/Meetings - Interstate Conferences

Australian Health Promotion Association -20th National Conference, Cairns Convention Centre, 10-13 April 2011

Please visit <http://www.conferenceco.com.au/AHPA/> for more information

Presenter and Early Bird registration closes: Friday 4 February 2011

29 August - 2 September 2011- Australasian Evaluation Society 2011 International Conference Hilton Sydney, Australia, www.aes2011.com.au Conference theme of **Evaluation and Influence**, an exciting program is currently being developed, including sub themes such as influence and methodology; communication and influence; influencing policy and practice and evaluation use and implementation.

7 & 8 March 2011 - Australian Family Friendly Workplace Seminar Melbourne

Attendance at the Family Friendly Workplace Seminar is increasingly viewed as essential for HR practitioners and people in leadership roles. For further information on the Australian Family Friendly Workplace Seminar please [click here](#).

3rd Rural & Remote Mental Health Symposium - Mecure, Ballarat: 14th - 16th November 2011, Ph: (61 7) 5528 2501 Fax: 07 5528 5291 ruralhealth@anzmh.asn.au

[Back to top](#)



Your opinion is valued

Communications and Health Literacy Project- The project is underway to help people better access, understand and use information about health and wellbeing and our services and care. As a first step, we want to know about your thoughts and experience. Please go to the DHHS News Page at http://www.dhhs.tas.gov.au/news_and_media/communication_and_health_literacy_survey for the survey link and more information on the project.

1 February 2011 - Agenda for Children and Young People - Have a say in shaping the direction of policy and service delivery arrangements for children and young people in Tasmania. Minister for Children, Lin Thorp, released this document as a basis for consultation on the development of a new 10 year Agenda for Children and Young People to be finalised in April 2011. Copies of the *Agenda for Children and Young People – Consultation Paper* are at www.dpac.tas.gov.au or by phoning 1800 734642, comments received until 1 February 2011.

[Back to top](#)



Resources

Health Promotion NW Professional Practice Library

In an attempt to increase the availability and access to state wide workshop, seminars & professional development opportunities HP NW have started to collect various presentations, currently there are power point presentations [ppt, electronic] and CD's available. Overtime this will grow as we are aware that distance frequently reduces our ability to participate in workshops in other areas of the state. Other mediums are being investigated e.g. "webinars". The following are available for LOAN - Lee-Anne Mundy lee-anne.mundy@dhhs.tas.gov.au 64 34 7256.

- Australian Evaluation Society Lunchtime seminars – July - Measuring the unmeasurable: Dealing with complex and complicated evaluations [John Guenther] ppt & CD.
- Australian Health Promotion Society [Tas] - Food Security in Tasmania ppt [Julie Williams]

The draft NWAHS Rehabilitation Strategy has been completed and was approved in principle by the Steering Committee earlier this month. Check out the strategy at a glance on the intranet homepage at <http://intra.dhhs.tas.gov.au/dhhs-online/page.php?id=35070>

As agreed by the Steering Committee, implementation of the strategy will now be piloted, and will involve a thorough evaluation in order to refine it further. The parameters of the pilot are currently being considered. For more information please contact the Rehabilitation Strategy Team:

kylie.wood@dhhs.tas.gov.au or simone.kramme@dhhs.tas.gov.au



December's health events

http://www.dhhs.tas.gov.au/about_the_department/structure/operational_units/primary_health/health_promotion

[Back to top](#)



Funding


Closes 22 December 2010 - Australian Family Friendly Workplace Seminar- Regional Access [attendance] Grant

To ensure strong representation from regionally based organisations at this event, the Seminar Advisory Committee has sanctioned the Regional Access Grant. **All registrations from regional Australia made prior to 22nd December will receive the \$900 Grant.**

The annual Australian Family Friendly Workplace Seminar is the most highly attended event of its type for Australian employers and HR practitioners. It will feature Australia's foremost experts in the areas of family friendly workplace practice. Australian organisations at the forefront of family-friendly practices will detail the design and implementation of their own proven strategies. For further information on the Australian Family Friendly Workplace Seminar – being held on 7th & 8th March in Melbourne – please [click here](#). A subsidy application form is included in the Seminar Overview ([here](#)), note that subsidised registrations are limited.

Ida West Aboriginal health scholarships Closing date for 2011 = 17 December 2010

Applications are open to Aboriginal students planning to study in the health or human services field in the 2011 academic year. The scholarships aim to address the under-representation of Aboriginal people in health professions, and other health and human services related occupations. Three scholarships are awarded annually, maximum \$5000 a year and up to \$15,000 for each scholarship. Closing date for 2011 applications is 17 December 2010. For more info ☎ 6233 2260,

 iws@dhhs.tas.gov.au and forms, guidelines and eligibility criteria @ www.dhhs.tas.gov.au/careers/working_for_dhhs/about_us_150_who_we_are/scholarships

Early Childhood Australia – Tasmania Branch Inc-Children’s Services Scholarship Program – closes 6 January 2011. The Department of Education has provided funding to support Children’s Services Educators gain a Children’s Services qualification or to upgrade an existing qualification. Scholarships are available for Children’s Services Educators and registered Family Day Care Educators currently engaged in the Children’s Services sector. A scholarship is a contribution towards the costs of obtaining or upgrading a relevant approved Children’s Services qualification. Scholarships will be granted up to a maximum of \$1000. Go to http://www.earlychildhoodaustralia.org.au/pdf/tas_branch/Tas_Scholarship_App_Kit2011.pdf for the application kit.

[Back to top](#)

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