

# Health Promotion North-West Newsletter

## Welcome to the NW TAS Health Promotion email update for September 2010

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## Professional Development opportunities

### Monash University Short Courses 2010

- 15-17 September 2010 - Health Literacy, more information and brochure @ <http://www.med.monash.edu.au/healthsci/shortcrse/health-literacy/health-literacy-index.html>
- 11-12 November 2010 Evaluation in Health Promotion, more information and brochure @ <http://www.med.monash.edu.au/healthsci/shortcrse/hperm/ehp-index.html>
- 13-17 December 2010 Health Promotion, more information and brochure/registration @ <http://www.med.monash.edu.au/healthsci/shortcrse/index.html>

For further information or to register send an enquiry email to [healthsocialscience@med.monash.edu.au](mailto:healthsocialscience@med.monash.edu.au)

**Friday, 17 September 2010** - Australasian Evaluation Society: <http://www.aes.asn.au/> - Tasmanian Branch September session **Using case-based research methods: Why evaluation is not a choice between qualitative or quantitative methods.** 'Case-based analysis' refers to a group of approaches that incorporate the best features of both qualitative and quantitative research methods in an attempt to overcome the weaknesses of both. The seminar will step you through the rationale and origins of USA-based Charles Ragin's case-based analysis methods, using a hypothetical community-based health intervention. Admission is free, no need to RSVP. For more information, contact: [kerrison\\_jenny@yahoo.com.au](mailto:kerrison_jenny@yahoo.com.au).

**When:** Friday, 17 September 1200 – 1330 hr

**Where:** Video Conference Room, 5<sup>th</sup> Floor CML Building, 18 Elizabeth St, Hobart

**Presenter:** Dr Erica Bell widely published [e.g. Research for Health Policy published in 2009 by Oxford University Press].

\*\*\* Videoconferencing for those in NW is possible Contact Lee-Anne Mundy 64 34 7256  
[lee-anne\\_mundy@dhhs.tas.gov.au](mailto:lee-anne_mundy@dhhs.tas.gov.au) if interested with VC site details.

**Friday 24<sup>th</sup> September 2010 - Motivational Interviewing:** 24<sup>th</sup> September, 9.00am to 4.00pm, Glenorchy. David Manchester [presenter] is a clinical psychologist providing motivational interviewing training workshops in Australia and the UK. North and North West Tasmania sessions were well received and many participants report that they have integrated his suggestions/tools into their practice.

- The workshop will be held at the Glenorchy Civic Centre, Cooper St, Glenorchy [next to the cinema]. **Cost:** \$50 - (a subsidised cost provided by and Population Health Priorities and Health Promotion South). **Please register your expression of interest and send enquires to** [sue.chaston@dhhs.tas.gov](mailto:sue.chaston@dhhs.tas.gov)

**27-28 & 29<sup>th</sup> September 2010 - Good Grief Ltd** is committed to relieving suffering and bringing hope to people affected by change, loss and grief. The following training sessions are coming up:

- Young People Companion Training – 2 days 27-28.9.10 Emmanuel Centre Launceston [More Details](#)
- Adult Companion Training - Launceston Date & Time: 29/09/2010 [More Details](#)
- Reconnector - Launceston Date & Time: 27/09/2010 [More Details](#)

Further information: <http://www.goodgrief.org.au/SeasonsforGrowth/tabid/58/Default.aspx>

**16-17 September 2010 - LAST HCA Introduction to Health Coaching for Health Professionals** workshop Sydney on. The workshop for any health practitioner:

- Wanting an introduction to the HCA 10 Step Model to facilitate health behaviour change.
- Who would like to be an eligible candidate for the HCA Model Certificate of Competency - Level I (by attending a second 2-day workshop in lieu of a review & update being held in Sydney this year) **or** who attended their introductory training prior to our migrating the new 2010 migration to the easy-to-follow HCA 10 Step process.

Where: Stamford Plaza Sydney Airport, Mascot NSW 2010, 8.30 am to 5 pm (Registration and preparation from 8am),.

**Facilitators:** Janette Gale (Health Psychologist) & Rebecca McPhee (Dietitian) Health Coaching Australia, **Workshop**

**Fees - \$895.00 GST Incl.** To register, click [here](#), or paste this into your

browser: <https://healthcoaching.worldsecuringsystems.com/BookingRetrieve.aspx?ID=87228>

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## Conferences, Community Events, Programs & Forums - Tasmania



### Conferences

**19-22 September 2010 - Aged and Community Services Australia (ACSA) Twenty10 National Conference** at Hobart Grand Chancellor Hobart. Theme "Explore the possibilities".

<http://www.agedcare.org.au/CONFERENCES/Currentand-Previous-ACSA-Conf/2010-Nat-Conf/ACSA%20Call%20for%20Abstracts.pdf>

For further information contact Conference Design Pty Ltd, 228 Liverpool Street, Hobart, telephone 6231 2999, email [info@cdesign.com.au](mailto:info@cdesign.com.au) or fax 6231 1522 or visit [www.cdesign.com.au](http://www.cdesign.com.au)

**27-29 September 2010 - Tasmanian Association of Community Houses State Conference**

*The Community and Neighbourhood Houses of the Glenorchy and Derwent Valley Municipalities invite you to join us for three days of professional development, networking and enjoyment as a guest of the TACH South West Region*

**WHEN:** Monday 27<sup>th</sup>– Wednesday 29<sup>th</sup> September 2010

**WHERE:** Tattersalls Park Function Centre, Elwick Racecourse, 6 Goodwood Rd, Glenorchy

Conference registration includes lunches, morning and afternoon teas, the Monday night Barn Dance and official Conference Dinner. Three days or single day registration options available—please check the attached registration form for costs and details. For more information please contact TACH on 6228 6515 or email [tach@tach.asn.au](mailto:tach@tach.asn.au)

**7-19 November 2010 - Australian Association of Gerontology 43<sup>rd</sup> Annual Conference** Hotel Grand Chancellor, Hobart. Theme “Islands of Ageing: Building bridges for people, policy and practice” A conference with a positive focus on examining ways for making connections and building bridges and will provide opportunities for presenters from every sector: older people, researchers, practitioners, bureaucrats and policy makers. For information visit <http://www.aagconference.com/default.asp>

**17-19 November 2010 - International Mental Health Conference** Richmond Fellowship Tasmania – Asia Pacific Regional Conference AsPac 2010, Wrest Point, Hobart.  
[http://www.cdesign.com.au/aspac2010/pdf\\_registration\\_brochure.pdf](http://www.cdesign.com.au/aspac2010/pdf_registration_brochure.pdf)

### **Community Events**

**Adult Education, all year round:** With hundreds of indoor and outdoor courses to keep your mind and body active. Visit [www.adulteducation.tas.gov.au](http://www.adulteducation.tas.gov.au) to choose your course and enrol online.

**Womens Well- Being Burnie INFORMATION** - a mother’s group with a focus on all aspects of well-being for mums with any young kids or babies aged from birth to primary school (grade 6).

- *Every Wednesday morning during School Terms from 10am til midday at the Coastlands Community Hall in Burnie - 43 Mace Street, Montello.*

Activities/contact Megan to discuss/DVDs will start at approximately 10.30am and go no later than 11.30am. The rest of the time is a chance to have a cuppa, ☺ Children welcome. Cost gold coin donation per mum.

Contact Megan 0439 474 675 or E [yummyummynwtas@live.com.au](mailto:yummyummynwtas@live.com.au) or FACEBOOK! Women’s Well-Being  
<http://www.facebook.com/group.php?gid=124471607594720&ref=ts> Yummy Mummies NW Tasmania  
<http://www.facebook.com/group.php?gid=126677140690206>

### **Mens Bus trips are back! Friday September 24<sup>th</sup> – Men’s Gathering**

- |               |   |                 |
|---------------|---|-----------------|
| ▪ Burnie:     | Pick up @ Centacare at 9.00am           | Return @ 4.00pm |
| ▪ Ulverstone: | Pick up @ 9.30am                        | Return @ 3.30pm |
| ▪ Devonport:  | Pick up D’portCommunity House @ 10.00am | Return @ 3.30pm |

**Activities:** Bus Trip, Have a chat on a men’s related topic, BBQ, Small walk. Cost is \$5.00. Spaces are limited RSVP by Monday 20<sup>th</sup> September. **Contact for bus pick ups:** Trevor @ Oakleigh House ☎64 319124, or 0408 002 536 Next trips: Friday October 29<sup>th</sup>, Friday November 26<sup>th</sup>

**Get Walking Tasmania - “Walktober” REGISTRATIONS ARE NOW OPEN!** Take the first step to good health for your community, school or workplace. Register one or more walking events for the month of October (“Walktober!”) today. All registered event organisers receive a **free event kit** including a t-shirt and giveaways. Get Walking Tasmania month is a state-wide initiative of the Premier’s Physical Activity Council and is coordinated by the Heart Foundation with the support of the Department of Health and Human Services, Sport and Recreation Tasmania, the Department of Economic Development, Tourism and the Arts, the Tasmanian Association of Community Houses, the Glenorchy City Council, the Australian Council of Health, Physical Education and Recreation (ACHPER), the Healthy Community Project, Health West and proudly supported in 2010 by Southern Cross Television and IGA. Let’s all WALK towards improving the health of Tasmanians register at [www.getwalking.tas.gov.au](http://www.getwalking.tas.gov.au)

**14 – 15<sup>th</sup> October Men's retreat weekend** at Parakaleo Sheffield. Registration \$30 contact Max Bessell, TassieMale, Relationship Australia (6336 7000), or Garry Rafferty, Community Health Social Work (6336 5155) for more information and bookings.

### **Community Programs**

**Get the Most out of Life programs 2010** - 2.5 hour session each week for 6 weeks for anyone living with an ongoing chronic condition or caring for someone who is. This program is a fun and practical way to learn how to overcome daily challenges and maintain an active and fulfilling life while living with chronic health conditions. Participants discuss how to manage symptoms; get started with healthy eating and exercise; communicate effectively with the doctor and healthcare team; manage difficult emotions; make daily tasks easier and how to get more out of life. Cost: gold coin donation.

- Queenstown 20 September – 25 October 1.00 – 3.30pm at the Day Centre, WCDH
- Smithton October 2010

Queenstown contact Health West: Maggie Johnson ☎ 6471 4743 [maggie.johnson@dhhs.tas.gov.au](mailto:maggie.johnson@dhhs.tas.gov.au) Smithton contact Sharon Griffiths ☎ 6440 7134 [Sharon.griffiths@dhhs.tas.gov.au](mailto:Sharon.griffiths@dhhs.tas.gov.au)

### **Forums**

**October 2010 - Commonwealth Respite and Carelink Centre together with Carers Tasmania Seniors Forums** in October at the following locations:

- 21<sup>st</sup> October Queenstown Hospital 11am to 1pm and Strahan Senior Citizens Clubrooms 2pm to 4pm
- 22<sup>nd</sup> October Zeehan Neighbourhood House 10am-12 and Rosebery Community House 1pm to 3pm
- 28<sup>th</sup> October Stanley Brethren Hall 1pm to 4pm

**North West Service Providers Forums 2010** – Join in and network with other service providers.

Burnie October Thursday 28<sup>th</sup> 11am -1pm Polytechnic Burnie

Devonport December Thursday 23<sup>rd</sup> Christmas break-up Devonport Community Health Centre

RSVP / express interest in presenting - please email [david.nancarrow@aohtas.org.au](mailto:david.nancarrow@aohtas.org.au)

**12<sup>th</sup> October 2010 - EXPO Mental Health Week [10-16 October 2010]** an annual national event to engage communities in activities promoting good mental health and raises awareness and understanding of the needs, experiences and issues for people with a mental illness. The 2010 theme is “Keeping your Balance; Mind and Body Fitness”. An **EXPO** will be held at the *Devonport Recreational Centre on the 12<sup>th</sup> of October 2010 from 1pm until 8pm*. Major highlight will be a display of quilts & patches.

**NW Health Promotion Networking Meeting dates for 2010:**

- Wednesday 13<sup>th</sup> October 2pm-3:15pm Speaker Wendy French StandBy Response
- Friday 3<sup>rd</sup> December 2pm-3:15pm

The meetings will be held via videoconference. We've booked: Smithton District Hospital, King Island Hospital, Latrobe Hospital Studio, Rosebery Community Health Centre, and Burnie NWRH Library Tutorial Room, Devonport G60 and Zeehan at Health West. Please contact us ASAP if you would like any other sites linked in. Come along to find out what's going on in the north-west and share your health promotion projects and events. Meetings will include a guest speaker so please send us suggestions if you have some. Please RSVP to [julie.milnes@dhhs.tas.gov.au](mailto:julie.milnes@dhhs.tas.gov.au) ph 6421 7704.

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## **Conferences, Community Events, Programs & Forums - Interstate**

### **Conferences**

The [2010 CO-OPS National workshop](#) Wednesday 20<sup>th</sup> & Thursday 21<sup>st</sup> October at the Hilton Sydney- The workshop is a unique event bringing together practitioners, researchers and funding bodies working in community-based obesity prevention to learn from each other, promote best practice and develop professional networks. The 2 day workshop is free to attend. This will be the biggest gathering of practitioners, researchers and funding bodies working in community-based obesity prevention in Australasia in 2010. For information visit [http://www.co-ops.net.au/Pages/Public/2010\\_National\\_Workshop.aspx](http://www.co-ops.net.au/Pages/Public/2010_National_Workshop.aspx) Abstract submissions close Friday 20<sup>th</sup> August. For more information call +61 3 5227 8929 or email [admin@co-ops.net.au](mailto:admin@co-ops.net.au)

**21-23 October - Australian and New Zealand Obesity Society ANZOS** annual conference "A Time for Change: Meeting the challenges of the future" <http://www.eventc.com.au/ANZOS/index.html>

**16-19 November - 2010 International Arts and Health Conference** (Melbourne)-Arts and health programs have proven effective for people with chronic health conditions. The utilisation of the arts in healthcare services and health promotion is now established as a growing international movement, spurred by significant scientific research and practice. The 2010 International Arts and Health Conference, to be held in Melbourne from, will present vital information and facilitate dialogue and discussion that can pave the way to improved healthcare and greater health equality. To submit an abstract or to register interest in attending, log on to [www.artsandhealth.org](http://www.artsandhealth.org) or phone (02) 6583 5040.

**Public Health Association Australia 40th Annual Conference:** Public Health in a 21st Century Society: New ways of knowing doing living. Adelaide, 27 - 29 September 2010.  
<http://www.phaa.net.au/40thPHAAAnnualConference.php>

**21-23 November 2010 - 4th Australian & New Zealand Falls Prevention Society Conference** Dunedin, New Zealand Further details are available at <http://www.otago.ac.nz/fallsconference>

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**Your opinion is valued**

**Government plans to give young people a say in out-of-home care** -The Australian Government has released draft national standards to safeguard the health, safety and wellbeing of children living in foster homes and other formal out-of-home care across Australia. Further consultation will take place before the standards are finalised. It is expected that implementation of the standards will begin in July 2011. The draft standards, endorsed by the state and territory governments and made public in early July by federal Minister for Families, Housing, Community Services and Indigenous Affairs (FaHCSIA) Jenny Macklin, are the first attempt to plug the policy gaps exposed by a doubling in the number of foster children in a decade. Australia has 34,000 foster children.

[http://acys.info/youth\\_field\\_xpress/index/no.\\_167\\_july\\_2010/government\\_give\\_young\\_people\\_a\\_say](http://acys.info/youth_field_xpress/index/no._167_july_2010/government_give_young_people_a_say)

**5-11 September National Child Protection week** and the Hobart Children and Families Network, supported by the Drug Education Network (DEN) and the Tasmanian Early Years Foundation, are hosting events to raise community awareness of this issue and to seek solutions.

- People are invited to have their say at a "[Coffee and Conversation](#)" morning September 6<sup>th</sup>, from 10-2pm at the Hobart Town Hall. Tasmanian Director of NAPCAN Vicki Russel will be the guest speaker. The morning is a great opportunity to find out what is happening in the protection area, checkout resources and share ideas.

Further information and registrations Donna Riley ☎ 6238 2953 or E [rileyd@hobartcity.com.au](mailto:rileyd@hobartcity.com.au)

📄 <http://www.earlyyears.org.au/>

**3<sup>rd</sup> December 2010 - Tasmania Together/Tasmanian Youth Forum TYF**, are planning a State wide forum for YOUTH this will provide an opportunity to respond to the Tasmania together benchmarks WATCH THIS SPACE for details as they come to hand.

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## Resources

### Difficulties talking to teens about making good eating choices?

- A great book by Dianne Neumark-Sztainer called "I'm, like, so fat!" has some great tips on helping parents help their teens make health choices about eating and exercise in a weight obsessed world.
- Another really good resource by Jenny O'Dea [Dietitian] - "Everybody's Different"  
<http://apcen.edfac.usyd.edu.au/staff/odeaj/>

**Body Image new Australian government Initiatives** - The constant emphasis and idealisation of body images in the media has caused many people to have decreased satisfaction with their own appearance, leading to poor self esteem. This can consequentially have very negative impacts on people's physical wellbeing, due to extreme dieting which can lead to excessive weight loss and/or severe nutrient imbalances. Initiatives that were announced focus on:

- Education initiatives to build young people's resilience to negative body image pressures and to assist schools to become more 'body image friendly'; and
- Encouragement and recognition for positive action in the area of body image in the media, fashion and advertising industries (in line with the Advisory Group's Voluntary Industry Code of Conduct).

View the Voluntary Industry Code of Conduct on Body Image <http://www.youth.gov.au/bodyimage.html>

### New NW program – parent-child attachment:

Anglicare have commenced a program 'NESTs' [North West early start therapeutic support] it provides confidential therapeutic support to families to increase parent child attachment. Targeting the healthy emotional development of children [unborn/born] in 0-5 age group and their families identified as having significant risk issues. Further information contact Emma Oakley 64 21 3100, Direct referrals via Gateway 1800 171 233

**North West Recreational Cycling Group Inc** – NWRC is for new and experienced cyclists who do not want to be competitive, to encourage people to get on their bikes for health and social reasons, and to promote safer cycling in the community. Monthly rides offer short or long, easy or hilly options, starting 11am on the last Sunday of the month at varying locations across the NW. Membership \$1 per year plus \$2 per ride. All welcome. Next ride: at Sprent, Sun 26/9/10. See <http://www.nwrcgi.org/> for start point info and ride calendar, or email [contact@nwrcgi.org](mailto:contact@nwrcgi.org)

**13 October 2010 - Ride to work day** - Registrations now open at [Ride to work day](#). Consider becoming a [workplace coordinator](#) and promote the event to your workmates.

### New titles at Australian Drug Foundation – <http://www.adf.org.au/>

- *Your shout: an honest discussion about alcohol by young people for young people* [DVD]
- *Alcohol: the facts* [updated booklet]
- Thomas. F. Babor et al. *Alcohol: no ordinary commodity 2<sup>nd</sup> edition* [book]
- *Alcohol and your brain* [DVD]

Get your free copy of the *Cannabis diary* - The [Cannabis diary](#) is an Australian Drug Foundation resource that is a key tool for people who want to quit or cut back on their cannabis intake. With strategies for reducing use and a daily diary for tracking patterns and changing habits, the diary assists people as they self-evaluate and make changes in their lives.

Want the latest drug prevention information - for free? Consider membership to the DrugInfo Clearinghouse [http://www.druginfo.adf.org.au/membership/about\\_subscription](http://www.druginfo.adf.org.au/membership/about_subscription)

### Websites of interest

**Give more, give smarter, give better, give now!** - We all want to give, but sometimes it's hard to know how to get started. [www.GiveNow.com.au](http://www.GiveNow.com.au) is Australia's most user-friendly giving portal – a place where you can put your dollars to work to start building the kind of world you want to live in. The site is designed to help you:

- **Give More** – more of your time, your money, your skills, your resources, your connections
- **Give Smarter** – discover what sort of giving will create the kind of world you want to see
- **Give Better** – learn about the best ways to convert your good intentions into action

With GiveNow, you have the power to make a difference. No money? No worries! You can also find out how to give time, blood, clothes, blankets, computers, mobile phones, bikes, even corks!

**DHHS employees** are encouraged to consider contributing to **Health Links** to showcase the brilliant work that you, your staff and service are doing at present. Contact **Eliza Young**, Media and Communications Officer, North West Area Health Service, 6490 8971 or 0439 342 159 Email: [eliza.young@dhhs.tas.gov.au](mailto:eliza.young@dhhs.tas.gov.au) Web: [www.dhhs.tas.gov.au/nwahs](http://www.dhhs.tas.gov.au/nwahs)

### Awards

**Employer of Choice Awards** - Is your workplace a great place to work? Tasmanian employers say being officially recognised as an 'Employer of Choice' gives them the edge in the competition for skilled labour. Enter the 2010 Employer of Choice Awards now. Entries close 10 September. For information, call Business Point on 1800 440 026, email [businesspoint@development.tas.gov.au](mailto:businesspoint@development.tas.gov.au), or visit [www.development.tas.gov.au/eocawards](http://www.development.tas.gov.au/eocawards)

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### Funding

#### Community Capacity Building Grants Program 2010-2011

**CLOSES:** Thursday 30<sup>th</sup> September, 2010 For more information, [www.dpac.tas.gov.au/divisions/cdd/grants](http://www.dpac.tas.gov.au/divisions/cdd/grants)

**National Rural and Remote Health Infrastructure Program** -The Department of Health and Ageing is calling for applications for funding under the National Rural and Remote Health Infrastructure Program. The Australian Government has allocated \$46 million over four years to improve opportunities for partnerships and multidisciplinary approaches to the delivery of health services in rural and remote communities through better access to funding for infrastructure and medical equipment. Funding of up to \$500,000 is available to eligible applicants seeking to provide services in rural and remote communities with populations of up to 20,000 people. **Applications close 30 September.** Organisations or individuals interested in applying for funding can visit [www.health.gov.au/tenders](http://www.health.gov.au/tenders), or phone 1800 780 939.

**Sport and Recreation Grants** - Six grants to improve opportunities for Tasmanians to participate in sport and recreation. Sport and Recreation Tasmania will distribute around \$4.6 million to organisations across the state in the 2010-11 financial year. Local Government, clubs, associations and other not-for-profit providers of sport and active recreation can also apply for:

- **Major Grants Program** [between \$15,000 and \$80,000] for relevant projects such as major equipment purchases, major facility developments or upgrades, participation projects or other development initiatives. **Applications close at 12 noon on 1 February 2011**
  - **Minor Grants Program** [between \$500 and \$10,000] for simple equipment purchases, facility developments or upgrades, planning and research studies, or other programs. **Applications close at 12 noon on 31 March 2011**
  - **Trails and Bikeways Grant Program** for projects consistent with the Trails Tasmania Strategy and the implementation of city bike plans. **Applications close 1 March 2011, or until the 2010-11 funding is fully allocated.**
  - **National Sport Championships Program** Clubs, associations and organisations can apply for grants up to \$3,000 to help meet the costs associated with hosting national sporting championships in Tasmania. **Applications close at 12 noon on 31 March 2011**
  - **Trainee Subsidy Program** provides funding assistance to subsidise and encourage the employment of trainees in the sector, sport and recreation providers can apply. **Applications close at 12 noon on 31 March 2011**
- Closing dates vary for each program.** For more information ☎ [www.development.tas.gov.au/sportrec](http://www.development.tas.gov.au/sportrec), or call 1800 252 476

**A-Z of Funding sources:** A large range of funding grants are offered by government and non-government organisations. Links provided below will help find a grant that best suits your funding needs.

- **GrantsLINK** is a website that makes it easier to find suitable and relevant grants for your community projects from the many Australian government grants that are available. <http://www.grantslink.gov.au>
- Australian Government Department of Health and Ageing [DOHA] - current tenders/grants <http://www.health.gov.au/internet/main/publishing.nsf/Content/Listing+of+Tenders+and+Grants-1>
- Australia Council for the Arts has a range of grants available [www.australiacouncil.gov.au/](http://www.australiacouncil.gov.au/)
- The Parliament of Australia Parliamentary Library contains *A Guide to Community Grants* <http://www.aph.gov.au/library/intguide/SP/spgrants.htm#commonwealth#commonwealth> this site provides links to selected sources of Commonwealth, State and Territory financial assistance to community groups, a selection of links to non-government organisations which provide community grants. It also provides links to commercial services providing grant information via subscription.
- ABAF Australian Business Arts Foundation [www.abaf.org.au/](http://www.abaf.org.au/)
- ArtSupport Australia [www.australiacouncil.gov.au/philanthropy/artsupport\\_australia](http://www.australiacouncil.gov.au/philanthropy/artsupport_australia)
- Philanthropy Australia [www.philanthropy.org.au](http://www.philanthropy.org.au)
- Regional Arts Fund [www.arts.gov.au/arts/regional\\_arts\\_fund](http://www.arts.gov.au/arts/regional_arts_fund)
- Bendigo Bank community enterprise foundation <http://www.bendigobank.com.au/public/foundation/grants/index.asp>
- Foundation for rural and regional renewal <http://www.frrr.org.au>
- Our Community [www.ourcommunity.com.au](http://www.ourcommunity.com.au) [requires becoming a member, many councils are members]

#### Local Government

- Burnie** [http://www.burnie.net/html/2569\\_865.htm](http://www.burnie.net/html/2569_865.htm)
- Central Coast** <http://www.centralcoast.tas.gov.au/site/page.cfm?u=557>
- Circular Head** <http://www.circularhead.tas.gov.au/site/page.cfm?u=432>
- Devonport** <http://www.devonport.tas.gov.au/> >Your Community >Financial Assistance Scheme
- King Island** <http://www.kingisland.tas.gov.au/site/page.cfm?u=230>
- Waratah – Wynyard** <http://www.warwyn.tas.gov.au/site/page.cfm?u=292>

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#### What's coming up on the health events calendar?

Septembers' events are in the 2010 Health Events Calendar located on the DHHS public website: [http://www.dhhs.tas.gov.au/about\\_the\\_department/structure/operational\\_units/primary\\_health/health\\_promotion](http://www.dhhs.tas.gov.au/about_the_department/structure/operational_units/primary_health/health_promotion)

## Health Promotion Coordinators, North-West Tasmania

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Lee-Anne Mundy (Hellyer)

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03 64 34 7256, [lee-anne.mundy@dhhs.tas.gov.au](mailto:lee-anne.mundy@dhhs.tas.gov.au)

23 Steele Street, Devonport Tas 7310

Level 1, 11 Jones Street, Burnie Tas 7320

**Strengthening and support for health promotion practice within north-west Tasmania**

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