

Affix ID label here:

CLINICAL ASSESSMENT SCALES

ASSESSMENT DATE									
Casemix Phase ¹									
Modified Karnofsky Scale ²									
Self-Rated Health Scale (over past week) ³									
Global Quality of Life ⁴ (over past 24 hours) 0=poor, 10=excellent									
Spitzer Awareness Score ⁵									
Insomnia 0-10, 0 = no problem									
Appetite problems 0-10									
Nausea 0-10									
Bowel problems 0-10									
Breathing problems 0-10									
Fatigue 0-10									
Pain 0-10, 0 = no pain									
*Other Symptom (specify)									
*Other Symptom (specify)									
*Other Symptom (specify)									
Signature Initial & Designation									
<i>P = patient, Pr = proxy (indicate RN, Dr, carer, family..)</i>									

¹ Casemix classification over page

² KPS definitions over page

³ Self-Rated Health Scale categories over page

⁴ GQOL over page

⁵ Spitzer Awareness Score classification over page

PALLIATIVE CARE CASEMIX PHASE OF CARE CLASSIFICATION

Stable Phase: All palliative care clients not classed as unstable, deteriorating or terminal care. The person's symptoms are adequately controlled by established management. Further interventions to maintain symptom control & quality of life have been planned, and/or:

The situation of the family/carers is relatively stable & no new issues are apparent. Any needs are met by the established plan of care.

Unstable Phase: The person experiences the development of a new problem or a rapid increase in the severity of existing problems, either of which requires an **urgent** change in management or emergency treatment, and/or:

The family/carers experience a sudden change in their situation requiring **urgent** intervention by members of the multidisciplinary team.

Deteriorating Phase: The person experiences a gradual worsening of existing problems or the development of new but expected problems. These require the application of specific plans of care & regular review but **not** urgent or emergency treatment, and/or:

The family/carers experience gradual worsening distress & other difficulties, including social & practical difficulties, as a result of the illness of the person. This requires a planned support program & counselling as necessary.

Terminal Phase: This requires the use of frequent, usually daily, interventions aimed at physical, emotional & spiritual issues. Death is likely in a matter of days & no acute intervention is planned or required. The patient may typically be profoundly weak; essentially bedbound; drowsy for extended periods; disorientated for time & has a severely limited attention span; increasingly disinterested in food& drink; finding it difficult to swallow medication, and/or:

The family/carers recognise that death is imminent & care is focussed on emotional & spiritual issues as a prelude to bereavement.

KARNOFSKY PERFORMANCE SCALE DEFINITION

Rating (%)	
100	Normal, no complaints, no evidence of disease
90	Able to carry on normal activity; minor signs or symptoms
80	Normal activity with effort; some signs or symptoms of disease
70	Cares for self; unable to carry on normal activity or to do active work
60	Requires occasional assistance but is able to care for most of own needs
50	Requires considerable assistance and frequent medical care
40	In bed more than 50% of the time
30	Almost completely bedfast
20	Totally bedfast and requiring extensive nursing care by professionals and/or family
10	Comatose or barely rousable

SELF-RATED HEALTH SCALE (Shadbolt, Baressi & Craft)

"In general, would you say your health is"?

E Excellent

VG Very good

G Good

F Fair

P Poor

GLOBAL QUALITY OF LIFE SCORE (adopted from the McGill QOLQ)

Considering all parts of my life – physical, emotional, social, spiritual, and financial – over the past 24 hours the quality of my life has been:

very bad | 1 2 3 4 5 6 7 8 9 10 | excellent

SPITZER AWARENESS SCORE

1	Has full range of mental faculties
2	Has mild and intermittent impairment of mental faculties
3	Has definite impairment but is not completely incapacitated
4	Unconscious or severely confused or completely incapacitated