

2011 HEALTH EVENTS CALENDAR

United Nations International Year of Forests

JAN	1 23-30	Quit Smoking New Years Resolution Healthy Weight Week	www.quittas.org.au www.healthyweightweek.com.au	Month of	julEYE Diabetes Awareness Month Dry July	www.juleye.com.au www.diabetestas.com.au www.dryjuly.com	
FEBRUARY	1-7 2 4 14 14-20 20 21-28 23 25 26-27	Salt Awareness Week World Wetlands Day World Cancer Day National Condom Day Sexual Health Awareness Week World Day of Social Justice Organ Donor Awareness Week Ovarian Cancer Teal Ribbon Day National ICEE Sunnies for Sight Day Relay for Life – Hobart	www.awash.org.au www.environment.gov.au www.cancertas.org.au www.fpt.asn.au www.shinesa.org.au www.un.org/esa/socdev/social/intldays www.kidney.org.au www.ovariancancer.net.au www.sunniesforsight.org www.cancertas.org.au	JULY	3-10 10-16 11 18-24 18-24 22 23 24-31 28 31 31	NAIDOC Week National Diabetes Awareness Week World Population Day National Wee Week National Farm Safe Week FragileX Awareness Day Lifelines Stress Down Day Pituitary Awareness Week World Hepatitis Day National Tree Day National Premmie Day	www.naidoc.org.au www.diabetestas.com.au www.unfpa.org www.kidney.org.au www.farmsafe.org.au www.fragilex.org.au www.stressdown.org.au www.pituitary.asn.au www.hepatitisaustralia.com www.planetark.com.au/trees www.lifeshlittletreasures.org.au
MARCH	Month of 6-12 8 10 10-12 12-20 13-20 15 14-20 19-20 21 22 24 26-27 27 27 27-2 April 28-3 April	National Epilepsy Awareness World Glaucoma Week International Women's Day World Kidney Day World's Greatest Shave State Bike Week Coeliac Awareness Week World Social Work day Brain Awareness Week Relay for Life – St.Helens & Huonville Harmony Day World Day for Water National Close the Gap Day Relay for Life – Launceston & Penguin National Youth Tobacco Free Day Neighbour Day Arthritis Awareness Week Wound Awareness Week	www.epilepsyaustralia.net www.glaucoma.org.au www.women.tas.gov.au www.kidney.org.au www.worldsgreatestshave.com.au www.getmoving.tas.gov.au www.coeliacsociety.com.au www.aasw.asn.au www.brainaustralia.org.au www.cancertas.org.au www.harmony.gov.au www.unwater.org/worldwaterday www.oxfam.org.au/act/events www.cancertas.org.au www.oxygen.org.au www.neighbourday.org www.arthritisaustralia.com.au www.awma.com.au	AUGUST	1-7 1-7 1-7 2-8 6 7-14 9 12 15 15-21 21-27 22-28 22-28 26 31 28-4 Sep	World Breastfeeding Week Infant Massage Awareness Week Cerebral Palsy Awareness Week Dental Awareness Week Jeans for Genes Day National Healthy Bones Week Day of World's Indigenous People International Youth Day Cupcake Day Brain Injury Awareness Week Speech Pathology Awareness Week Keep Australia Beautiful Week Hearing Awareness Week Daffodil Day National Overdose Awareness Day Parkinson's Awareness Week	www.breastfeeding.asn.au www.infantmassage.org.au www.tccp.com.au www.ada.org.au www.jeans4genes.com.au www.healthybones.com.au www.un.org/events/indigenous www.un.org/youth www.rspca.org.au www.bia.net.au www.speechpathologyaustralia.org.au www.kab.org.au www.hearingawarenessweek.org.au www.daffodilday.com.au www.salvationarmy.org.au www.parkinsonsvic.org.au
APRIL	Month of 1 1-10 2 7 11 15-21 16 17 17 22 23-29 25-29 28 30	Intl Irritable Bowel Syndrome Awareness April FALLS Day National Youth Week Autism Awareness Day World Health Day World Parkinson's Day Internat. Creativity & Innovation Week World Voice Day World Haemophilia Day World Heritage Day Earth Day Global Road Safety Week National Playgroup Week Pay it Forward Day Coin for a Cord National Day	www.ibis-australia.org www.powmri.edu.au/fallsnetwork www.youthweek.com www.autismawareness.com.au www.who.int/world-health-day www.parkinsons.org.au www.creativityday.org www.entnet.org/worldvoiceday www.haemophilia.org.au www.gdrc.org/heritage/ www.earthday.org/ www.grsproadsafety.org/ www.playgroupaustralia.com.au www.payitforward.com www.innerwheelaustralia.org.au	SEPTEMBER	Month of 1-7 1-7 1-8 4-11 5-11 8 9 10 10 12 12-18 15 16-26 21 26	Prostate Cancer Awareness Month Spina Bifida Awareness Week National Asthma Week Adult Learners Week Child Protection Week Eczema Awareness Week International Literacy Day Int. Foetal Alcohol Spectrum Disorder Day National Gynaecological Awareness Suicide Prevention Day World First Aid Day National Stroke Week Worldwide Lymphoma Day Dementia Awareness Week World Alzheimers Day World Heart Day	www.prostate.org.au www.sbfv.org.au/ www.asthmaaustralia.org.au www.adultlearnersweek.org www.napcan.org.au www.eczema.org.au www.un.org/depts/dhl/literacy www.adca.org.au www.gain.org.au www.lifeline.org.au www.redcross.org.au www.strokefoundation.com.au www.lymphomacoalition.org www.alzheimers.org.au www.alzheimers.org.au www.heartfoundation.com.au
MAY	Month of 1-7 1-7 2-8 3 5 5 8-14 9-15 9-15 10 12 15-21 16-22 16-22 17 17 19-26 20 22-28 22-28 23-29 22-29 25 25-5 June 26 26 27-3 June 31	Jelly Baby Month National Heart Week Intl Composting Awareness Week Osteopathy Awareness Week World Asthma Day World hand Hygiene Day International Midwives Day Neighbourhood House/ Centre Week National Volunteers Week Diversional Therapy Awareness Week World Lupus Day International Nurses Day National Families Week Schizophrenia Awareness Week National Crohns & Colitis Awareness World Hypertension Day Intl Day Against Homophobia Hepatitis Awareness Week Walk Safely to School Day National Palliative Care Week Macular Degeneration Awareness Responsible Gambling Week Kidney Health Week World MS Day MS Week National Sorry Day Australia's Biggest Morning Tea National Reconciliation Week World No Tobacco Day	www.jdrf.org.au www.heartfoundation.com.au www.compostweek.com.au www.osteopathic.com.au www.asthmaaustralia.org.au www.hha.org.au www.midwives.org.au www.tach.asn.au www.volunteeringaustralia.org www.diversionaltherapy.org.au www.lupusnsw.org.au www.rcna.org.au www.familiesaustralia.org.au www.mifa.org.au www.acca.net.au www.heartfoundation.org.au www.homophobiaday.org www.hepatitisaustralia.com www.walk.com.au www.palliativecare.org.au www.mdfoundation.com.au www.dhhs.tas.gov.au/gambling www.kidney.org.au www.mstas.org.au www.mstas.org.au www.nsd.com.au www.biggestmorningtea.com.au www.reconciliation.org.au www.quittas.org.au	OCTOBER	Month of Anxiety and Depression Awareness Breast Cancer Awareness Walktober (Tasmania) Foot Health Month 1 1-7 2 4-11 7 7 8 9-15 9-15 9-15 10 12 13 16-22 16 16 17-21 18-24 20 24-31 24-30 24 25 25	International Day of Older Persons Seniors Week International Day for Non-Violence Amputee Awareness Week National Walk to Work Day R U OK? Day World Hospice & Palliative Care Day Mental Health Week National Week for Deaf People National Haemophilia Awareness World Mental Health Day World Arthritis Day Stress Less Day National Nutrition Week World Food Day Skilled Burnie 10 Work Safe Tasmania Week National Carers Week World Osteoporosis Day Children's Week Occupational Therapy Week World Polio Day Pink Ribbon Day National Kidsafe Day	www.beyondblue.org.au www.nbocc.org.au/ www.walktober.com.au www.apodc.com.au www.un.org/observances/days www.cotatas.org.au www.un.org/observances/days www.limbs4life.com www.walk.com.au www.ruokday.com.au www.pallcare.org.au www.mentalhealth.org.au www.deafau.org.au www.haemophilia.org.au www.mentalhealth.org.au www.arthritisaustralia.com.au www.stressdown.org.au www.nutritionaustralia.org www.un.org.au www.burnieten.com.au www.workcover.tas.gov.au www.carersaustralia.com.au www.osteoporosis.org.au www.childrensweek.com.au www.ausot.com.au www.polioaustralia.org.au www.pinkribbonday.com.au www.kidsafetas.com.au
JUNE	Month of 5 5-11 8 14 14-20 16-22 19-25 19-25 20-26 20 24 29	Go Red for Women World Environment Day Bowel Cancer Awareness Week Red Apple Day World Blood Donor Day International Men's Health Week National Crohn's & Colitis Awareness Refugee Week Drug Action Week World Continence Awareness Week World Refugee Day Red Nose Day Childhood Hero Day	www.goredforwomen.com.au www.unep.org/wed www.bowelcanceraustralia.com www.bowelcanceraustralia.com www.donateblood.com.au www.menshealthweek.com.au www.acca.net.au www.refugeecouncil.org.au www.drugactionweek.org.au www.continence.org.au www.refugeecouncil.org.au www.rednoseday.com.au www.childhoodhero.com.au	NOVEMBER	Month of 4 7-11 8-12 14-20 15-21 16 20 21 21-27 25	Lung Cancer Awareness Month Muscular Dystrophy Awareness Miracle Babies Month November World Diabetes Day Community Health Nursing Week Australian Lung Cancer Day National Psychology Week Spinal Injuries Awareness Week International Day for Tolerance Universal Children's Day 25 th Birthday of the Ottawa Charter National Skin Cancer Action Week White Ribbon day	www.lungnet.com.au www.mda.org.au www.miraclebabies.com.au www.november.com www.worlddiabetesday.org www.anf.org.au www.lungnet.com.au www.psychology.org.au www.spinal.com.au www.un.org/observances/days www.un.org/observances/days www.who.int/healthpromotion www.cancer.org.au www.whiteribbonday.org.au
				DECEMBER	1 3 5 10 18	World AIDS Day World Day of Persons with Disabilities International Volunteers Day Human Rights Day International Migrants Day	www.worldaidsday.org.au www.idpwd.com.au www.volunteeringaustralia.org www.un.org/observances/days www.un.org/observances/days



Health Events Calendar developed by :
Health Promotion - Primary Health North
healthpromotion.north@dhhs.tas.gov.au