

**Did I mention
FREEBIES???**

Phone credit
Subway vouchers
Movie tickets &
MORE

**"Keeping the Balance:
Investing in your mind and Body"**

**Did I
say
FREE?**

Free Youth Event | All Ages | Families Welcome

10:00 - 10:45 Yoga with Christine Hiltner

11:00 - 11:45 Obstacle course

12:00 - 1:00 BBQ Lunch with
Information Stalls
Entertainment:

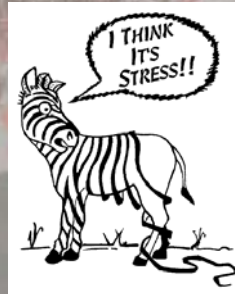
Burnie Youth Choir

1:15 - 2:00 Slipstream Circus

2:15 - 3:00 Break/Rap Workshop with
Reflections Dance Studio

3:15 - 4:00 Mixed Basketball Game
Mural Painting

4:15 Close



**FREE
BBQ LUNCH**

Where: BURNIE PCYC

**The Boulevard, Terrylands St,
Hillcrest**

When: Saturday 15th October

**Why: A fun event coordinated by
CAMHS to celebrate Mental Health Week**

**Bring
Your
Friends**