

Our Services

Community Allied Health

Occupational Therapy

For individuals who are recovering from a stroke, dealing with a disability or chronic illness such as arthritis, or need help coping with changes in independence, vision, hearing balance or coordination. Also provides education to clients and carers, and prescribes equipment such as wheelchairs, shower chairs, grab rails etc.

Physiotherapy

Improves an individual's quality of life and independence within the community through:

- outpatient assessment and treatment services from Community Health Centres and rural hospitals
- group treatment and health promotion classes eg. hydrotherapy, gentle exercise and fitball classes
- home visiting services when clients are unable to access our centres.

Podiatry

Consultancy, intervention and care relating to foot and lower limb problems specifically related to people who are deemed 'at risk' of deteriorating quality of life due to a precarious foot health status.

Social Work

Confidential support and brief intervention counselling for individuals, families and community groups using a holistic approach to health, including health and wellness education and promotion groups.

Speech Pathology

Consultancy service providing information, resources and education/training relating to the ongoing management of communication / swallowing disorders.

Community Equipment Scheme

Providing a variety of equipment and appliances for independence, mobility and safety for clients living in the community.

Community Care

Adult Day Centres

Supporting frail older people and younger people with disabilities to continue living in their community. With transport available clients participate in lifestyle/recreation and diversional therapy, socialisation, and respite for carers in a centre-based environment.

Community Nursing

Available for individuals and their families to help prevent disease, maintain health and treat any existing health problems. Community Nursing aims to promote, support and maintain the patient's independence, safety and healthy lifestyle, including providing assistance to carers.

Services are provided in client's homes, and in clinic and community settings..

Home Care

Home Care services support frail older people and younger people with disabilities to continue living in their own home and in their community. From an independence framework, this can include support with housework, activities of daily living and minor home modifications.

Care Assessment and Case Management

Aged Care Assessment Team

A multi-disciplinary team assisting frail older people and their carers work assess and evaluate what care services will best meet their needs, including in-home, in-community and residential care options.

Community Options Service

Case Management is provided for individuals to assist access to services and/or co-ordinate care that is required for frail aged, younger people with disabilities and carers with complex and/or high needs.

Continenence Service

The Statewide Continenence Service provides individual assessment and management plans for all Tasmanians who suffer with bladder and/or bowel dysfunction.

Palliative Care

Palliative Care provides specialised care for people of any age facing a life limiting illness at any stage of their illness – from the time of diagnosis through their final days.

Palliative Care also provides a service to families, carers and loved ones during the period of illness and following bereavement.

Services are provided in private homes, in hospitals, in nursing homes and in special palliative care units.

Youth Health

The Youth Health Service offers young people aged 12-24 years free and confidential health and wellbeing services including: support and information on any issue affecting health and wellbeing, care coordination and referrals to other services.

Youth Health also offers group and community programs, health promotion activities, education and information.

District Hospitals (including Multi Purpose Centres)

District Hospitals and Multi Purpose Centres are located in a number of rural communities throughout Tasmania.

They provide a broad range of integrated health services to communities of differing sizes and needs. Services may include residential aged care, accident and emergency, inpatient and hospital care and community care.

Our Sites

Burnie

- Burnie Community and Health Services Centre
- North West Regional Hospital
- Parkside (Burnie)

Central Coast

- Central Coast Community and Health Services Centre

Devonport

- Devonport Community and Health Services Centre

King Island

- King Island Hospital and Health Centre

Latrobe

- Latrobe Adult Day Centre
- Mersey Community Hospital

Circular Head

- Smithton District Hospital and Community Health Centre

West Coast

- Rosebery Community and Health Services Centre
- Strahan Community and Health Services Centre
- West Coast District Hospital (Queenstown)
- Zeehan Community and Health Services Centre

Wynyard/Waratah

- James Muir Community and Health Services Centre (Wynyard)
- Wynyard Adult Day Centre

Health Promoting Services

Health is a positive concept encompassing physical, mental and social well-being – not merely the absence of disease or infirmity. **Primary Health Services** seek to actively improve wellbeing through a health promotion focus which includes activities such as education, preventive services, self management, community development and advocacy.