

CEO ADDRESS



CEO, John Crawshaw

Welcome to the first edition of the newsletter for our new Mental Health Services. I am hopeful that this newsletter will play an important role in highlighting the excellent work being undertaken by our staff and community sector organisations around the State. I encourage you to submit ideas for stories and to provide feedback on the content of the newsletter.

The new financial year will provide us with challenges on a number of fronts.

Our most immediate challenge is bedding down the structure as we move to an integrated model that brings together Alcohol and Drug Services, Correctional Primary Health Services, Forensic Mental Health Services and Mental Health Services.

The new Mental Health Services Executive Committee will meet for the first time during July and will focus on planning and identifying our key priorities.

The new "corporate units" have been established and clinical governance arrangements will be finalised shortly. A newsletter highlighting all the new arrangements will be published shortly.

There will also be a considerable challenge in managing to our budget. For the Alcohol and Drug Service this will involve developing plans and initiatives to support a significantly increased budget allocation achieved through the budget process. This is good news and will assist in building the sustainability of the service over the next four years.

Mental Health Services has also been successful in receiving funding to enable the implementation of a new clinical information system across the service. This will provide a valuable tool for our clinicians in supporting the management of our clients and enable the development of a sophisticated reporting capability. A project team headed by Warren Lewis has been established and working group meetings have been convened to review specifications. It is hoped that we will be in a position to go to tender in September this year.

I am expecting to receive shortly a progress report on the implementation of the MHS Strategic Plan 2006-11. This will enable the development of an action plan to guide our progress over the next two years with a view to ensuring that the delivery of our services is supported by an appropriate range of tools and resources.

There are a number of other projects that will challenge us in the future. The development of new Mental Health legislation has reached a critical stage, a report on pharmaceutical and diagnostic services is expected soon and an evaluation of community services purchased under Bridging the Gap is currently being commissioned.

Implementation of the consumer and carer framework will also be a priority now that Lynette Pearce has commenced in the role of Senior Consumer and Carer Liaison Consultant.

I look forward to working with all staff and will ensure that my schedule includes regular visits to all mental health services sites around the State.

THE 'NO NAME' NEWSLETTER

You may have noticed that this newsletter currently has no name! In recognition of our newly amalgamated operational unit, the editorial team decided that it was time for a name change. All staff are invited to email us their suggestions. The best suggestion will be judged by John Crawshaw and there will be some surprise rewards for the winner!

Email your suggestions to: jade.o'sullivan@dhhs.tas.gov.au

Please email ideas for stories for the next newsletter (due out in September) to anne.kerr@dhhs.tas.gov.au

FUTURE DIRECTIONS FOR TASMANIAN ALCOHOL, TOBACCO AND OTHER DRUG SERVICES

Over the past twelve months the government has made important progress in addressing alcohol and drug use in Tasmania. The recent review of alcohol, tobacco and other drug (ATOD) services has provided a clearer picture of the significant issues faced by people with alcohol and drug issues and has informed the need for development across all areas of the service sector.

In responding to the issues associated with alcohol and drug use, the State Government recently announced it will invest in the most significant service development agenda ever undertaken within the Tasmanian ATOD services sector. As part of the 2008-09 State Budget, the Government allocated more than \$17.1 million to service reform over the next four years. As part of the additional funding, \$1.8 million will be available for new service initiatives in 2008/09 (across both the government and non-government sectors).

Further to this, the Government also announced additional funding of \$2.7 million over four years to increase efforts to reduce smoking in Tasmania.

These announcements provide a degree of certainty for the future planning and development of services and supports for people with alcohol, tobacco and other drug issues in this State.

Over the past two months, the Department has developed a draft strategic Future Directions Plan for ATOD services in this State. This Draft Plan is now out for consultation and can be accessed via the Department's web site and intranet site.

A key priority for the Alcohol and Drug Service is to work closely with stakeholders to finalise the Future Directions Plan that will guide the investment of additional funding over the next four years.

Mark Frohmader

**Manager Projects Program & Service Development
ADS.**

TRIAL OF CLINICAL COORDINATOR POSITIONS



Dean Riches

Earlier this year the need for clinical coordinators was identified by the three adult community teams in the south. Twelve months into the new model of care within community teams, it became apparent that additional structure was required to support team leaders to provide effective clinical governance within the services.

Further state-wide consultation supported the need for an enhanced structure for all adult community teams. The creation of clinical coordinator positions and appointments within Adult Community Mental Health Services was endorsed in April this year. All three teams in the south elected to initially trial these positions to enable further development of the role and evaluation prior to permanent appointments.

Dean Riches has commenced in the Clinical Coordinator position within Clarence and Eastern District Adult Community Health Team for a six month appointment.

Dean's initial focus has been on improving the intake processes, supporting shift staff, and facilitating case allocation to individual clinicians. Improvements have already been noted in processing intakes, managing clients 'at risk' and ensuring multidisciplinary input into clinical decision making.

Dean says his role is a challenging one. "It's a new position so we are charting some new territory. The role is about setting up transparent, integrated and accountable systems and processes to support clinicians in service delivery."

Vicki Polanowski,

Team Leader

**Clarence & Eastern District Community
Mental Health Team**

ADS GOES TO AGFEST

The Drug and Alcohol Tent was a great success at Agfest. The tent was organised by Thora Bryan, Clinical Nurse Consultant, Alcohol and Drug Service North/North West.

“Visitors got challenged to pour a standard drink. The aim of the activity was to illustrate that a drink bought at a bar may be more than one standard drink, misleading people when it comes to judging whether or not they are below the limit,” Thora said.

“We also took the opportunity to survey the general community about their knowledge of ADS, their main concerns in relation to alcohol and drugs and what they thought about our tent,” she added.



The ADS information tent at Agfest 2008

DRUG ACTION WEEK 23 - 28 JUNE 2008



Drug Action Week 2008 Opening

The theme for this year's Drug Action Week was “Alcohol Is A Drug Too”.

Marie Kent, Community Worker, Alcohol and Drug Services North-NorthWest chaired the Northern Committee for Drug Action Week. Events included a launch at Newstead College which was attended by special guest, Travis Demsey. Travis is the ex-drummer from the punk rock band, The Living End, and is a role model for Whitelion.

Over 20 representatives of Community Sector Organisations attended the launch which was featured on both WIN and Southern Cross TV News.

A wide range of activities were held across the week that included a school visit program by Travis Demsey and interactive “Standard drinks and Mocktail” activity events at community and neighbourhood houses. Other key events included a state-wide school art work competition and a band and DJ event for young people.

NORTH WEST INNOVATION IN SERVICE DELIVERY



Allan Lobwein, Team Leader, Diane Gray, Clinical Nurse Specialist, Jan Jordan, Community Nurse, Adam Micallef, Psychologist, Elizabeth Burgess, Administration Support

In the absence of a step down facility in the North West, the area has arrived at an innovative solution that may assist in shortening the length of stay of patients at the Spencer Clinic.

The Mental Health Services North West Area Manager, Phil Eddy, worked with the Area Manager for Housing to discuss the idea of Mental Health Services taking over the management of housing units for clients in need a staged transition from inpatient treatment.

The discussions have resulted in Mental Health Service North West taking over the management of a two bedroom unit in close proximity to the hospital. Funding from the Pathways project was utilised to furnish the unit and it is now ready for its first client.

Allan Lobwein, Team Leader Older Persons Mental Health Service, spoke about the goals and aspirations of the project.

“The first client is a man who has been in hospital for six months with a chronic psychotic illness. He is 73, under guardianship and unable to return to his home because of the high level of support he requires,” Allan said.

“We are hoping to establish him in the unit and to continue to support him in partnership with a range of other community sector organisations.

“Family Based Care will provide community support and the client would also be a good candidate for the Red Cross Mates program.

“Our goal is to provide him with a stable community-based living arrangement that will avoid the need for him to go into an aged residential facility. Potentially, it will allow him to return to his home if he is able to re-achieve stable community living.

“If this trial works, we hope to develop a number of units which can be used for short or long term transition from inpatient care. The units could also be used for out of town cases in need of support in order to prevent admission to hospital,” Allan concluded.

TRIAL OF CLINICAL COORDINATOR POSITIONS

The Smoke Free Program for people with a mental illness is a collaborative initiative between Mental Health Service South and the Alcohol and Drug Service. It is facilitated by Mary Rayner (Social Worker) and Alison Smith (Clinical Nurse) ADS. The program was devised by SANE Australia.

In conjunction with peer support facilitator, Paul Askey, the fifth program is currently underway. The program runs for 10 weeks and is based on motivational interviewing and cognitive behavioural therapy principles.

“The program is about lifestyle change with an emphasis on healthy eating and exercise,” Mary said.

“Whilst the aim is to give up completely, we are happy with any cuts in cigarette consumption,” Alison added.

Midway through the program, the current group has already reported cutting down cigarette consumption by half. According to Paul Askey, the success of the program is measured in lots of different ways.

“The program changes the way you think about yourself and the benefits are greater self esteem, self confidence and self respect as well as a healthier lifestyle,” Paul said.

He also stated that being a peer facilitator had been a very positive experience for him.

“Both government and Community Sector Organisations and staff are encouraged to pass on information about the program to their clients” Alison said.

“We hope to run another program later in the year.”

For more information contact Mary via email: mary.rayner@dhhs.tas.gov.au or Alison at: alison.smith@dhhs.tas.gov.au



Program Facilitators from left to right: Mary, Paul and Alison.

ARAFMI HAS MOVED

ARAFMI Tasmania's Southern office has moved from Mayfair Plaza to new offices at 1 Bowen Road, Moonah. According to State President, Gary Kelly, the move is significant because it marks another major step in the growing professionalism of the organisation.

"The office makes us more accessible to our members, carers and other services; it has more office space, more free parking and bigger meeting rooms," Gary said.

"The facilities will allow us to provide a work space for our volunteers, to forge closer links with Langford and allow us to grow our services to our member and customer base," he added.



Ron Cruickshank, Southern Area Coordinator

ARAFMI was also recently successful in an application for funding from the Mental Health Council of Australia, receiving \$40,000 to contract a consultant to work on two projects.

"The projects aim to strengthen our links with other services and improve our community profile," commented Gary.

ARAFMI offers carers and families support through a 24 hour helpline, support groups, library resources, web and email services, and individual support services. Their helpline number is 6228 7448 and the new 1300 722 254 statewide number will be online soon.

Email south@arafmitas.org.au
Web www.arafmitas.org.au

WHO'S WHO IN MHS



The Community Dementia Team Meeting

The Community Dementia Team is based in Launceston and case manages clients in the community who have a diagnosis of dementia and have complex needs.

The team consists of Registered Nurses, a Psychologist, Enrolled Nurses, Health Care Assistants and a Diversional Therapist. The team case manages most of their referrals and undertakes a Risk Assessment and Carer Assessment in the first two weeks of receiving a referral.

The Unit Manager of the Community Dementia Team, Jennifer Mayne, said that the team needs to be innovative as a result of the complex needs of their clients.

"Our imperative is to provide the care required for our clients in a manner which allows each client to maintain their dignity and feeling of independence," Jennifer said.

"It is important to us all that we feel in control of our lives, people with dementia are no exception."

The Community Dementia Team can assist with behaviour management, personal hygiene and grooming; monitor and administer medications; attend to wound management; monitor and assist with nutrition; supervise client safety and assist with socialisation needs.

"Our aim is to form a partnership with the client and carers, GP's, ACAT, all hospitals and Community Sector Organisations. The team also assists families to manage behaviours of concern that may result from dementia," Jennifer said.

Regular family meetings are part of the Community Dementia Team's culture. "Family meetings provide the opportunity to impart information about the Community Dementia Team to carers, to identify carer's issues, and to educate and support carers," Jennifer concluded.



Jennifer Mayne, Team Leader, OPMHS North

CLINICAL STANDARDS & IMPROVEMENT BRANCH (STATE OFFICE)

The Clinical Standards and Improvements Unit and the Coordination and Innovation Unit make up the State Office of Mental Health Services.

The Clinical Standards and Improvement Unit consist of 15 staff across three areas that are managed by Coral Muskett. The three areas are Service Development, Workforce Development and Clinical Governance.

1. *Clinical Governance* is responsible for establishing clinical governance structures and quality and safety processes within Mental Health Services so that, as an organisation we are clear about people's responsibilities and deliver a quality service. They look at risk management, leadership, quality and consumer safety, state-wide policies and procedures, service accreditation and undertake a program of routine audits. *Maggie Crawford is the Manager of the Clinical Governance Team.*
2. *Workforce Development* develops and implements strategies for workforce development and is progressively implementing core competency training across the State. They also deliver one-off specific training to address training recommendations that arise from service reviews and requests from staff. *Ellen Cross is the Acting Team Leader of the Workforce Development Team.*



Team of the Clinical Standards & Improvement Branch at a recent planning day.

3. The *Service Development* area undertakes project management of major reviews and assists to implement service reforms and changes. Service Development is currently undertaking the Legislative Review Project and manages a number of specific portfolios that include evaluating integration of acute services, the MHA review and implementation, and the Beacon Project to reduce seclusion and restraint and suicide prevention. *Narelle Butt is the Manager for the Service Development Team.*

THE TASMANIAN MENTAL HEALTH CONSUMER NETWORK AN ORGANISATION ABOUT POTENTIAL!

The Tasmanian Mental Health Consumer Network (TMHCN) submitted three applications to the MHCA's NGO Capacity Development Grants Program and has successfully sourced the maximum amount of money available per organisation (\$40 000).

- TMHCN Business Planning Proposal (\$20 000): Formulation of a plan to develop the financial sustainability of the TMHCN;
- TMHCN Consumer Empowerment, Engagement and Professional Development Plan Proposal: Formulation of a plan to develop the mental health consumer community;
- TMHCN Mental Health Profile Plan Proposal (\$10 000): Formulation of a plan to promote the integral value of mental health consumer advocacy to our various stakeholder groups.

The funding will be used to employ the consultant Peter Gates from the Mercury Centre (Sydney) to work with the TMHCN – Committee, Coordinator Gwyn Jones (subsidiary paid role) and members; and the broader mental health consumer community to progress the development of these plans.

The TMHCN is an organisation of consumers, for consumers, with our vision for the future being that of vibrant and effective (systemic) advocacy and leadership, by and with, Tasmania's mental health consumers. We promote active citizenship through valuing consumer experience, expertise, creativity and goodwill. The TMHCN advocates strongly for self-determination for Tasmania's mental health consumer community i.e. consumers managing our own affairs via consumer controlled/self organisation within an advocacy provision framework. The \$40 000 sourced will resource the organisational and community capacity development required to achieve these aims.

MENTAL HEALTH SOUTHERN PARTNERSHIP FORUM

The Southern Partnership Forum on the 19th June was well attended and the morning tea was excellent. Approximately 40 participants were in attendance from Community Sector Organisations, peak bodies and Mental Health Services. The sessions included an update on the changes over the last six months within Mental Health Services from Mental Health Services Southern Area Manager, Chris Fox. There were also presentations on the Inpatient & Extended Treatment Mental Health Service, the Maximising Recovery Panel and the Richmond Fellowship. All the topics generated lively discussions.



Kerrie Dissegna

Best Quote of the Forum

"Recovery isn't the end point; it's not a state – it is a journey. We are all on a journey and sometimes our car gets a flat tyre and we have to stop and change it and sometimes, someone comes along and helps us. And then we get back in the car and continue the journey."

Kerrie Dissegna, Southern Partnership Forum Participant



TMHCN group members enjoying themselves at Metz Café

The TMHCN is an organisation with potential – to actualise the potential of the mental health consumer community. If you identify as a mental health consumer and would like to participate in progressing these exciting TMHCN endeavours we invite you to become a member of the TMHCN. If you do not identify as a mental health consumer but would like to demonstrate your support for the TMHCN we invite you to become an associate member of our organisation.

The TMHCN can be contacted on **(03) 6224 7859** or email: tmhcn@mhct.org

NEWSFLASH!

TMHCN – ANGLICARE RESEARCH PARTNERSHIP

The TMHCN and the Anglicare Social Action Research Centre (SARC) have formed a research partnership to formulate a consumer driven model to develop, empower and position Tasmania's mental health consumer community.

This exciting work of vital importance will commence in August with a report to be finalised by January 2009.

WHAT'S HAPPENING IN WARD 1E?

Cat Schofield, Strategic Nurse Co-ordinator at Ward 1E has been on board for five months and Cat's primary focus is to implement the recommendations from the Santangelo Report as part of the overall and ongoing organisational culture change within Mental Health Services.

Cat outlined a range of activities and initiatives that Ward 1E is currently involved in that include working with Laurel House to address the unit's response to allegations of sexual assault.

"We are currently rolling out training to all staff," Cat said.

"We have also implemented a new sexual safety policy and have recruited an external consultant to assist us with team building," she added.

The unit has also been looking at the way they handle incidents, complaints and compliments.

"We recognise that we need to be more proactive, open and transparent in how we manage complaints from staff and consumers. We are also doing a lot of practice development work to create a culture by which we can question our own practice and through that, develop more robust clinical practices."

"Change is an ongoing process and there is a natural resistance to it. For us to be successful, we need to look at ongoing structures, practices and strategies that will ensure that changes are sustainable over time," Cat concluded.



Cat Schofield, Strategic Nurse Co-ordinator, Ward 1E

NAME CHANGE FOR WARD 1E

On the 1st July, the Minister for Health and Human Services, Lara Giddings announced that a consultation process would be embarked upon later in the year with a view to changing the name of Ward 1E.

"Given the amount of organisational change taking place, the existing name no longer captures the true spirit of the Ward," Ms Giddings said.

THE BEACON PROJECT

The Beacon Demonstration Site Project is a national initiative to find strategies to reduce seclusion and restraint in Mental Health Services. In Tasmania, all our acute adult inpatient sites (six) are involved in the project.

Clinicians from each site went to a national forum in May. In June, the clinicians attended a state-wide forum in Campbelltown, where a "candle of hope" was lit to symbolise what we aim to achieve. Discussions at the Statewide Forum centred around "Barriers, Benefits, and Bridges".

The "bridges" identified at the forum included items such as professional development opportunities, therapeutic interventions, improved policies and protocols, personal safety plans, and the inclusion and valuing of consumers and carers and their roles. These suggestions will be incorporated into a project work plan for the next 12 months.

For more information about the project visit the national website for the Beacon Project: www.nmhsrp.gov.au/c/mh

Lorraine Bell
Project Officer



Clinicians at the Statewide Forum

THE FIRST ANNUAL ATDC CONFERENCE

The first annual ATDC Conference on ATOD Practice, Integration and Development, was held in Hobart between the 28th and 30th April. The Alcohol and Drug Service Southern Community Team was strongly represented in the conference program, with five sessions covering a range of topics.

According to team leader, Jann Smith, "The diversity of topics covered highlights the multiple layers of intervention and service delivery undertaken."

The sessions covered an examination of how family therapy and individual counselling can be provided concurrently for substance use problems; how a responsive model of service delivery has been developed for homeless men; and the exploration of a new approach to group work with young people who use substances.

There was also a session on a group work program for people with mental illness who are seeking to give up smoking, and a study of the trends noticed in people who present for counselling in outreach settings.

The ATDC Conference provided an opportunity for ADS Southern Community team to showcase current initiatives and learn from the other national and international presenters in attendance.

"The challenge now is to bring this together in a coherent and comprehensive way to form a service system that responds to the needs of our clients and their communities," Jann said.



The Southern ADS Community Team, clockwise from left: Scott Winters, Elsie Steen, Rosemary Dobber, Paul Ramsay, Alison Smith, Jann Smith and in the centre - Anna Dimsey.

"As we enter the implementation phase of the ATODS Review, the provision of alcohol and drug treatment in community settings, in collaboration with other service providers is a strength of the community team."

The Southern Alcohol and Drug Service Community Team are based at St Johns Park, New Town. The team provides interventions that include assessment, referral, individual counselling and group work. Treatments include cognitive behavioural therapy, psychotherapy, narrative therapy and solution focused therapy.

The team consists of 11 people from a range of disciplines – social work, psychology, nursing and welfare. Outreach programs are provided across the south including a program to Bethlehem House and a Youth Program which is currently undergoing development.

ROCHERLEA RESIDENTIAL FACILITY INVITES PROPOSALS FOR SERVICE MANAGEMENT



Susan Crave, Area Manager (North), reviews one of the independent living unit kitchens with Mike Vanderveen, Project Manager Capitol Works and Mike Vanderelste of Attrio architects

Proposals are currently being called to provide site management and psychosocial rehabilitation services for the new Rocherlea Residential Rehabilitation and Recovery Service.

In 2004, a review of Mental Health Services in Tasmania identified the need to establish a supported accommodation service in Northern Tasmania for consumers with mental health rehabilitation and recovery needs.

In 2005, Mental Health Services received funding for a 15 bed supported accommodation unit and in December 2007 site works began in Archer St Rocherlea.

The facility is expected to commence operation in September this year.

The Rocherlea facility will have two levels of care:

- 5 beds Transitional Care - 7 to 14 day stay with a maximum of 28 days stay
- 10 beds Independent Living - 3 month stay with a maximum stay of 24 months

An information session will be held about the proposal process in Launceston on the 30th July.

For more information, contact Carolyn Woll, Mental Health Services North, on **(03) 6336 2194** or via email at carolyn.woll@dhhs.tas.gov.au

RICHMOND FELLOWSHIP CELEBRATES 21 YEARS IN TASMANIA



Minister for Health & Human Services, Lara Giddings presents Jessie McDermott with a framed photo of her artwork and a gift voucher. Jessie won the competition among residents to design the invitation for the 21st Richmond Fellowship birthday bash.

On the 3rd June, Richmond Fellowship celebrated its 21st birthday in Tasmania. Over this period, Richmond Fellowship has assisted over a thousand Tasmanians around the State to get back on the road to recovery.

Richmond Fellowship was founded in 1959 in Richmond England, by Ms Elly Jansen. Its aim was to provide preventative after care for people with psychiatric disabilities in non-institutionalised, supportive community environments.

The Tasmanian Richmond Fellowship was first established in Tasmania in 1984. Richmond Lindisfarne was the first residential rehabilitation service. This service still operates and has had uninterrupted funding from DHHS since its inception. DHHS funds the Richmond Fellowship for eight different programs around Tasmania.

CEO of Richmond Fellowship, Patrick Carlisle, said that one of the biggest problems associated with mental illness is isolation from family and community.

“Richmond Fellowship helps people with a mental illness reconnect to their family and their community, providing them with valuable life skills and education about their illness.

“Many consumers leave Richmond Fellowship’s residential programs to live independently in the community. They go on to University, TAFE, full or part-time jobs.

“They build new relationships and friendships along the way and achieve much better outcomes in terms of their quality of life,” he said.

At the birthday celebration, Minister for Health and Human Services, Lara Giddings said that Mental Health Services is very proud to have partnered with Richmond Fellowship in delivering rehabilitation, recreation and recovery programs for people with a mental illness in Tasmania.

“We look forward to continuing to grow and strengthen our relationship into the future,” she said.

*They were not my friends or family
But they cared enough to believe in me
We can't say we were always feeling this way
There were times that we fought
But continued to stay
Deep down we knew that the program was sound
And looked forward to the day that we'd be outward bound*

*We were in hospital for various times
It was where we had to be
Though we'd say the choice was not mine
We reflected on life and started to see
That life was not all we wanted it to be
We stayed in RF and we started to grow
We set ourselves up some personal goals*

*The out and about remains a mystery to me
How do we go off and come back looking so damn happy
Though Bernie's moustache may look like a tooth brush or thug
He's either brewing up potions or using
His love as a drug
Some doctor's looked down on us
From their chairs high up above
They said we'd not heal
But forgot about the power of love*

**Excerpt from a song written by residents
to celebrate the 21st Birthday of Richmond Fellowship**

UPCOMING TRAINING FROM MHS'S WORKFORCE DEVELOPMENT UNIT

Talking Voices – a reflective Team Workshop for Mental Health Professionals

Free 2 ½ hour workshop facilitated by Carers Tasmania. Carers will share various aspects of their caring role. 16th July, 23rd July and 30th July, Carers Tasmania, Hobart.

Core Skills Training – Assertive Case Management & the Recovery Model of Care

17th July West Wing, Technopark Hobart
24th July Archers Manor 17 Alanvale Rd Newnham Launceston

Follow up Aggression Management Training for Trainers

23rd July Mercure Launceston (1 day)
30th July Tech 3 Technopark Hobart (1 day)

Manual Handling Train the Trainer

29th July Launceston (1 day) ACMHS Launceston

Aggression Management & Personal Safety

4th August (1 day) Wellers, 36 Queen St Burnie
5th August (1 day) Mercure Hotel, Earl St, Launceston

CBT Training for Nurses (TSoNM UTAS - some places available for MHS nurses)

6-8th August & 11-12 August (5 days)

Manual Handling Training

Monday 18 August (half day) Roy Fagan Day Centre Hobart

Fundamentals of Supervision

19th August (1 day) North West

Core Skills Training Assessment - Biopsychosocial Assessment

includes psycho-social assessment, physical assessment and HONOS

21st August – Technopark, Hobart
28th August - Beachway, 1 Heathcote St, Ulverstone

For all training enquiries contact:

marguerite.grieve@dhhs.tas.gov.au

OTHER NEWS AND EVENTS

Mental Health Week

October 5th – 11th, 2008

World Mental Health Day

October 10th, 2008

Mental Health Southern Partnership Forum

18th September, 2008. For more information contact Ian Munday at ian.munday@dhhs.tas.gov.au

Trauma, Disorganised Attachment and Dissociation Opportunities for Repair

22-24 August, 2008.
<http://conorg.com.au/conferences2008/index.html>

Insights and Solutions

The combined 2nd International Conference on Alcohol and Related Brain Injury and the Brain Injury Australia National Conference. 1 - 3 September 2008 at the Sofitel Hotel in Melbourne. www.bia.net.au/Conference_2008.htm

Self Harm: Fear or Knowledge?

FPCQ Conference 2008
8 - 9 November 2008, Brisbane. www.fpcq.asn.au

Towards Better Practice: Enhancing collaboration between Mental health and domestic violence services

Keynote address by Dr Lesley Laing, 4-5pm, Wednesday 6th August, Hobart and Thursday 7th August, Launceston. Mara.schneiders@utas.edu.au

Brain Injury Awareness Week 2008

15th to 21st September

New Web Resource for Dementia Carers

www.health.gov.au/dementia

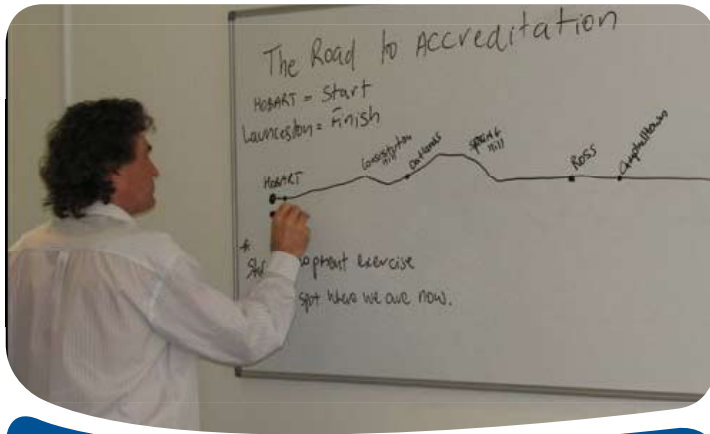
Multicultural Mental Health Australia

Has a collection of fact sheets about mental illness that can be ordered in a number of different languages. Visit www.mmha.org.au to order.

Tasmanian Early Years Foundation - Applications for Grant Funding

Applications for the next round of grant funding under the Tasmanian Early Years Foundation open 14th July 2008 and close 5th September 2008. The Foundation offers Grants of up to \$10,000 for projects and activities that promote and/or raise awareness of the importance of the early years and generate community participation. www.earlyyears.org.au

STAFF MOVEMENTS



Tony Weare

Tony Weare (aka editor of "Behind the Wire")

After more than two years at the Wilfred Lopes Centre, Tony Weare is leaving to take up an acting position as a Clinical Nurse Consultant position, looking after PICU, Mistral, Tolosa and Campbell Street.

For Tony, being an Educator with Forensic MH has been a labour of love. Being a part of the birth and delivery of WLC has been one of the highlights of my time in Mental Health," Tony said.

"WLC struggled to define itself and my guidance of staff development has at times reflected that. The highs have been seeing the ICR'S develop into a first class teaching and learning experience, Steve Alnutt's Delusions in service, getting up the Cert IV training for Care Assistants, developing MAPS with the resulting culture of aggression management and luring some first class staff to work here."

Alcohol and Drug Service North

Mary-Anne McDonald, Pharmacotherapy Nurse, has left the service and has been replaced by Rosa Jackson.

Alcohol and Drug Service Community Team

- Denise Bowerman has transferred from the Community Team to become an Administrative Assistant with the Pharmacotherapy Program.
- Karen Bell has returned from maternity leave.
- Choi-Ling Batten, pharmacist, has left the service.
- Laura Bauermeister has commenced as a relief pharmacist.
- Tony Dix, Community Team Counselling, is on leave without pay.

- Scott Winters was recently appointed as a Youth Worker.
- Paul Ramsay has commenced as a Community Drug and Alcohol Clinical Nurse replacing Paul Kenny who transferred to the Pharmacotherapy program.
- Danielle Fischer commences with ADS as the first Graduate Nurse on August 2008.
- Marcia Barber, Deborah Parremore and Ann Hodge were successful candidates for the Detox Officer Casual Pool.

Alcohol and Drug Service, Program Service and Development

Helen McDonald has joined the team at PSD in the Quality and Safety area.

Mental Health Service, Coordination and Innovation Unit, State Office

- Anne Kavic has commenced as the Statewide Medical Recruitment Coordinator.
- Anne Kerr has commenced as the Senior Marketing & Communications Consultant.
- Lynette Pearce has commenced as Senior Carer and Consumer Consultant and will be based in Launceston.
- Brian Stokes has resumed work following the conclusion of his secondment to Information Services. Brian will be moving into a new role as Team Leader for the Performance and Information Unit which has been created as part of the new structure for Mental Health Services.
- Melissa Gray is resuming from maternity leave and will be working two days per week.

Mental Health Services North

- Roger Wall has retired from Ward IE following 15 yrs of service.
- Child & Adolescent Consultant Psychiatrist, Dr Ulla Jonsson, will concurrently be Registrar ACMHS (6 months) & Consultant CAMHS (Supervision).
- AMU North welcomes Kellie Ryan, Administrative Support Assistant.
- Joanne Beswick, has commenced as Project Officer, Rocherlea Residential Care Service.
- Dr Ratnagobal has transferred to MHS South from ACMHS North.

Mental Health Services South

- Susan Austin has moved from IETS and Glenorchy and Northern Districts into a permanent level 3 Occupational Therapy position in Hobart and Southern ACMHS and is currently acting in the Senior OT position for 6 months.
- Mark Bonnitcha has been appointed to the position Clinical Co-ordinator for Glenorchy & Northern Districts ACMHT for six months and Karen Chilcott has resigned.
- Deidre Tranter has been appointed to a new fixed term position (10 months) as Senior Occupational Therapist in CAMHS with a statewide focus to strengthen OT services, provide supervision, training and mentoring across the 3 CAMHS services and establish regular student placement opportunities. Deidre is based at Clare House CAMHS.
- Betsy Floyde has been appointed to undertake .6 of the CAMHS Senior Social Worker position for 6 months while Jane Smart is on maternity leave. Betsy will be based at Clare House CAMHS but will continue her Senior Social Worker role with the Clarence and Eastern Districts ACMHS.

Mental Health Services North West

- Paul Gibbs, Acting Team Leader Adult Community Mental Health Services NW, resigned in May to take up a position in Victoria with Horsham Psychiatric Services.
- Margaret Prescott, Community Mental Health Clinician, Adult Community Mental Health Services (Devonport) has resigned effective 20 June 2008 to take up a position as the Nursing Unit Manager at Rivendell within the North West Private Hospital. She will also join the casual pool at Spencer Clinic.
- Veronica Burton, Case Manager (Psychologist) at CAMHS NW returned from Maternity Leave. She will be working Mondays and Tuesday only.
- Alden (Oggy) Thynne has been appointed Clinical Nurse Specialist at Spencer Clinic. Oggy was previously in the position of Level 1 Nurse at Spencer Clinic.
- Dr Doug Moore is on leave until late September 2008.

- Dr Wael Wahaib, commenced 3 June 2008 as Consultant Psychiatrist (four years) at Spencer Clinic
- Dr Biju Thomas, Registrar at Spencer Clinic has renewed his four year contract.
- Dr Chandrasekar, Consultant Psychiatrist and Acting Clinical Director has signed an additional two year contract.

ASK THE CEO

Your questions answered!

If you have a question you would like our CEO, John Crawshaw to answer in the next newsletter, write your question in the space below and forward it to the Coordination and Innovation Unit, level 4, Carruthers Building, St Johns Park, New Town 7008.

My question is:

CONTACT

Department of Health and Human Services
Mental Health Services

Level 4 Carruthers Building, St Johns Park, New Town 7001

Email: anne.kerr@dhhs.tas.gov.au

Phone: (03) 6230 7809

Web: www.dhhs.tas.gov.au



Tasmania
Explore the possibilities