School Audit

– We work our hearts

Get a picture of what is happening in your school and start to understand how your school environment, practices and partnerships can influence young people’s physical activity.

| Question and Answer | Comments |
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| 1. What areas and/or facilities does our school have that can be used for physical activities during school hours? Can they be accessed outside school hours?   Football oval  Soccer field  Handball court  Netball court  Basketball court  Climbing wall  Indoor gym  Exercise equipment  Other. |  |
| 1. Is there anything that discourages students from using the physical activity areas and facilities? (For example, safety issues, lack of heating/air conditioning, the areas are not well maintained or are not ‘youth friendly’.) |  |
| 1. How are students encouraged to be active during school breaks?   Sports equipment is provided  Music is played during breaks  Facility doors or gates are unlocked  Organised activities or games  School announcements  Teachers role model  Information in newsletter or home group  They aren’t |  |
| 1. Are there areas outside the school grounds students use regularly for physical activity? |  |
| 1. What equipment is available for students in break times?   Bats  Balls  Frisbees  Tennis rackets  Yoga mats  Skipping ropes  Other |  |
| 1. How easy is it for students to access the sports and active equipment outside of PE lessons?   Most students find it easy to access the equipment  Some students find it easy to access the equipment  Few students can access the equipment  Students can only access the equipment if they are with a teacher or other staff member. |  |
| 1. What physical activity opportunities (competitive and non-competitive) are available at our school (not including PE class)?   Lunchtime sports  After-school sports  Yoga  Walking groups  Dance  Other |  |
| 1. Is the school PE uniform comfortable and appropriate for students of all body shapes and sizes? |  |
| 1. Does the school provide easy access to clean, well-maintained shower and change facilities for all students? |  |
| 1. Does our school have a physical activity policy that supports regular provision of a wide range of physical activity opportunities to students of all genders and abilities? |  |
| 1. What types of active transport are encouraged to and from school?   Walking  Cycling  Scootering  Rollerblading  They aren’t  Other |  |
| 1. What supports are available to encourage students to use active transport?   Showers  Change rooms  Bike racks  Lockers  Car or bus drop off point is 500–800 meters from the school  Safe walking route  Flexible uniform policy  Other |  |