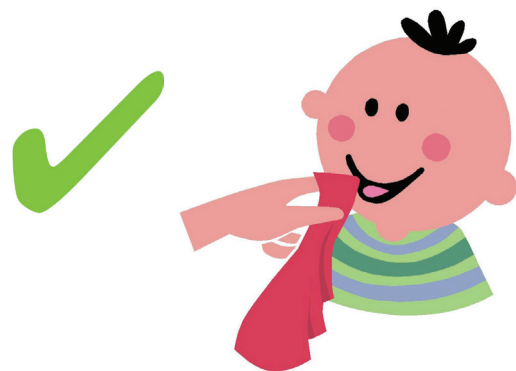


# Cleaning your child's teeth



Clean your child's teeth as soon as they come through



Start cleaning the first teeth with a clean cloth or a small, soft toothbrush



Parents need to help with or supervise tooth cleaning until children are 7-8 years old



0 – 17 months, no toothpaste



18 months – 5 years use low fluoride children's toothpaste

*Healthy Mouth* ✓ *Healthy Me*