Recommendation 1
That a separate Service Profile for CAMHS be included in the finalised TRDF (Attachment A).

Recommendation 2
A definition of Child and Adolescent Mental Health Services needs be included in the CAMHS TRDF as follows:
CAMHS are specialist multidisciplinary services for infants, children, adolescents between the age of 0 and 18 years, and their families who present with severe and complex mental health problems that cause functional impairment and have an adverse impact on social and emotional development or risk of harm. As well as the provision of specialist care, CAMHS will provide support to other service sectors to provide mental health services to children with mild to moderately severe problems.

Recommendation 3
The definition should be underpinned with the following principles of:
- promoting social inclusion and recovery in intervention services;
- enhancing prevention and early intervention services;
- improving access co-ordination and continuity of care within service systems; and
- strengthening research and performance monitoring.

Recommendation 4
Development of a state wide CAMHS for infants, children and adolescents 0 - 18 years old as a separate stream within Mental Health Services (or within Child and Adolescent Health Services). This includes clearly defining strategic responsibility and operational accountability.

Governance arrangements for the operational elements of the CAMHS must include:
- A statewide Clinical Director role for CAMHS
- Management responsibilities and accountabilities including delegations
- Clinical responsibilities and accountabilities in providing the service
- Supply and allocation of human resources to provide the service
- Appropriate funding as a statewide service
- Review and monitoring; and
- A discrete and dedicated policy framework.

Recommendation 5
### Summary of CAMHS CAG Recommendations

<table>
<thead>
<tr>
<th>Recommendation</th>
<th>Description</th>
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<tbody>
<tr>
<td><strong>6</strong></td>
<td>Statewide organisation of CAMHS education, training and supervision programs.</td>
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<td><strong>7</strong></td>
<td>That research and evaluation be recognised as a crucial component of service development and be supported in future CAMHS development.</td>
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<tr>
<td><strong>8</strong></td>
<td>The scope of CAMHS be increased to include Youth Services (18-25 years of age) for early psychosis intervention and comprehensive youth mental health services only if adequate funding becomes available to deliver these services state-wide.</td>
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<td><strong>9</strong></td>
<td>Develop a central system for CAMHS intake separate to the generic Mental Health Helpline to ensure CAMHS provides an efficient, safe, and responsive ‘face’ to its service.</td>
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<tr>
<td><strong>10</strong></td>
<td>Multidisciplinary CAMHS teams in all three regions be resourced with sufficient clinicians with specialist CAMHS expertise to provide Level 5 CAMHS community care to infants, children and adolescents with the most severe and complex mental disorders and to provided assessment and educative feedback to the referrers of those of lower acuity but nevertheless in need of some guidance.</td>
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<td><strong>11</strong></td>
<td>Multidisciplinary CAMHS teams in all three regions be resourced with sufficient clinicians with specialist CAMHS expertise to provide Level 6 care with support of statewide specialist services.</td>
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<td><strong>12</strong></td>
<td>CAMHS Hospital Consultation Liaison teams be established in the North and North West of the state and enhanced in the South.</td>
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<td><strong>13</strong></td>
<td>CAMHS Intensive Outreach Teams be developed as part of each of the 3 regional services.</td>
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<tr>
<td><strong>14</strong></td>
<td>Rehabilitation Services and Day Programmes be established as part of each of the 3 regional services.</td>
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<td><strong>15</strong></td>
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</table>
Summary of CAMHS CAG Recommendations

**Recommendation 16**

CAMHS Specialist Services be developed and organised on a statewide basis ensuring effective and sustainable specialist service delivery across Tasmania through:

- Central development of models of care and specialist expertise
- Shared training and supervision
- Key clinicians in each region.

**Recommendation 17**

That the 16 bed adolescent unit with two safe rooms and living space separable from other patients be established as proposed under the RHH redevelopment plan.

Further, that it is supported by the requisite appropriately trained nursing, medical and allied health staff.

**Recommendation 18**

That flexible use bed/living space units separable from other patients be developed on Paediatric or Adult Psychiatric Wards in the North and North-West.

These spaces should

a. Have 2-4 beds and living space.

b. Be supported by a CAMHS HCL team.

Statewide collaboration of HCL teams in developing models of care, training and ongoing supervision could ensure consistency in the quality of care and support the sustainability of smaller teams. Consultation and outreach from the larger Hobart team to other regions could be an option.

**Recommendation 19**

That a youth specific space be incorporated into the redeveloped adult psychiatric unit at the RHH for young people aged 18-25 years.

**Recommendation 20**

That the need for mother-baby beds in Tasmania be met by development of flexible use bed/living space units separable from other patients on Adult Psychiatric Wards in the South, North and North-West.