

Discharge

The Mental Health Tribunal oversees discharge from the Wilfred Lopes Centre in line with Tasmanian legislation.

All discharge plans are discussed with you and others as required. Discharge is planned to be gradual based on clinical improvement and reduced risk for you and for others.

Security

Security provisions at the Wilfred Lopes Centre are based on best practice for secure mental health units.

We do not have correctional officers.

Security is maintained for our clients and visitors through:

- highly specialised training of all staff and best practice policies and procedures
- thorough risk assessments and case management of each client
- effective diversional therapy
- carefully designed buildings and security features

Wilfred Lopes Centre

East Derwent Highway
Risdon Vale

PO Box 125
Lindisfarne TAS 7015

Phone 03 6166 0502

www.health.tas.gov.au/mentalhealth



Tasmanian Health Service buildings are smoke-free sites.

Statewide Mental Health Service welcomes feedback from clients, carers and family members to help us improve care. Talk to one of our team or fill in a consumer feedback form.



The Tasmanian Health Service integrates acute, primary and community services. This integration has given service providers the flexibility to ensure people have the best services we can provide, as close as possible to where they live.

Statewide Mental Health Services deliver consumer centred services focused on improving health outcomes. Our services include inpatient facilities and community teams.



Wilfred Lopes Centre

Your guide to our service



About us

The Wilfred Lopes Centre is a specialist secure mental health facility located in Risdon Vale, Hobart.

The Centre is located near Risdon Prison, however is not part of the prison.

We provide care and treatment for people with mental health issues who are involved with the criminal justice system.

The Centre provides up to 35 beds and includes high dependency, extended care and semi-independent living.

We provide care for people who require specialist mental health inpatient treatment, and;

- are inmates of the Tasmanian Prison Service.
- are appearing in, or remanded from, Magistrate and Supreme Courts.
- are found Not Guilty by Reason of Insanity or Unfit to Plead and placed on a Forensic Order.
- may require specialist care due to risk to themselves or others.

All care is provided in line with the Tasmanian *Mental Health Act 2013*, which includes *Your Rights as a Forensic Patient*. If you have any questions about the Act or your rights talk to your treating team.

Our team

The Wilfred Lopes Centre is staffed by:

- specialist nurses
- psychiatrists
- psychologists
- a social worker
- an occupational therapist
- support staff.

Your treating team will regularly discuss your care with you during your stay at Wilfred Lopes. Meetings will include your family, carer or support when possible.

Your treatment will support the eventual return to community living

Visitors

Visitors to the Centre are required to make an appointment.

First time visitors need to contact us with at least one week notice.

Daily visiting hours are:

9.00 am to 11.30 am

1.30 pm to 4.30 pm

There is a strict process to follow for entry to the Centre. See the Visitor Information leaflet or contact us for full details.

Your Care

Care and treatment is provided in a modern therapeutic setting that supports independence and dignity.

We provide high quality mental health treatment and care with levels of security that match the assessed level of risk.

Our facility and programs are designed to reduce risk to the individual and to others.

The **Safewards program** is used to support clients, including family and carers, and staff to work together to make the Centre safer for everyone. Please ask us for more details about Safewards.

Care is based on rehabilitation programs tailored to the individual. Working together with you they focus on improved personal function and aim to lessen the ill effects of long-term care.

Your treatment plan will aim to improve quality of life and address the need for personal and social interaction while in this setting.

We will also promote appropriate involvement in the prison community and/or the broader community to prevent isolation and assist in your return to community living.