School Audit – Water is the main drink

Get a picture of what is happening in your school and start to understand how your school environment, practices and partnerships influence people’s choices.

| Question and Answer | Comments |
| --- | --- |
| 1. Do our school rules and policies support water as the main drink and discourage sweet drinks[[1]](#footnote-1)?
 |       |
| 1. Does our school have water fountains or water refill stations?

[ ] Yes. How many? [ ] No |       |
| 1. Are water fountains, refill stations and/or drinking taps easy to get to by all students, including students with a disability?
 |       |
| 1. Are water fountains, refill stations and/or drinking taps clean and appealing to use? If not, why not?
 |       |
| 1. Are students in all grades/classes allowed to drink water in the classroom during class time?

[ ] No[ ] Yes, some classes[ ] Most classes[ ] All classes [ ]  PE or sports lessonsIf water is not permitted in some classes, is this because of safety or other reasons? |       |
| 1. Are students allowed to refill water-only bottles during class time?

[ ] No[ ] Yes, some classes[ ] Most classes[ ] All classes If re-filling is not permitted in some classes, is this because of safety or other reasons? |       |
| 1. Is water available at school events? Is it free or what does it cost?

[ ]  Formals/school socials[ ] Performances/plays[ ] School fairs or BBQs[ ] Sports events[ ] Camps/excursions[ ]  Fundraising[ ]  Classroom awards[ ] Other |       |
| 1. If the school has a canteen or vending machine, what drinks are usually available and what do they cost? (Tick all that apply.)

[ ] Fruit or vegetable juice (with no added sugar) [ ] Sweet drinks\*[ ] Flavoured milk[ ] Plain milk[ ] Water[ ] Other[ ] No canteen or vending machine |       |
| 1. When are sweet drinks available at school? Tick all that apply.

[ ] Every recess and lunch break (canteen/vending machine)[ ] Some recess and lunch breaks only[ ] Formals/school socials[ ] Performances/plays[ ] School fairs or BBQs[ ] Sports events[ ] Camps/excursions[ ] Fundraising[ ] Classroom awards[ ] Other |       |
| 1. Are students involved in decision-making about drink choices at our school?
 |       |
| 1. Are families, carers and community partners informed and involved in supporting water as the main drink and discouraging sweet drinks?
 |       |

1. Sweet drinks include cordial, soft drinks, flavoured mineral waters, energy drinks, sports drinks, flavoured waters, fruit and vegetable drinks with added sugar and artificially sweetened (diet) drinks. [↑](#footnote-ref-1)