School Audit

– We respect every body

Get a picture of what is happening in your school and start to understand how your school environment, practices and partnerships influence young people’s body image.

| Question and Answer | Comments |
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| 1. Does our school mission statement include information about providing a body positive environment and celebrating diversity?
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| 1. Does our school have a formal policy that prohibits appearance-related teasing and bullying, including cyber-bullying?
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| 1. Does our school use learning resources that reflect the range of body shapes and sizes?

[ ]  Yes. This is school policy.[ ]  Most of the time[ ]  Some of the time[ ]  No |       |
| 1. When our school uses images of students in school newsletters, posters and other resources, does it include students of different body shapes and sizes?

[ ] Yes. This is school policy.[ ]  Most of the time[ ]  Some of the time[ ]  No |       |
| 1. Does our school promote being active and eating well as normal parts of every day for students of all body shapes or sizes?
 |       |
| 1. Do teachers at our school use body-friendly and size-inclusive language? Have they had training to help them support students on this topic?
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| 1. Does our school teach students how to evaluate health and wellbeing information? Do students learn how to be critical of media messages about physical appearance?
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| 1. Does our school weigh or do other physical measurements or assessments on students or staff (other than for health research carried out by government or research organisations)?
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| 1. Does our school uniform and PE uniform suit a range of body shapes and sizes?
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| 1. Does our school involve students in some decision-making about ways to support positive body image?
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| 1. Does our school provide information to parents and carers about how they can support their child to have positive body image?
 |       |
| 1. Does our school work with families, carers and community partners to encourage acceptance of body diversity among the school community?
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